

Reading Exercise

Breakfast in Ecuador

Sometimes, we just have time for a quick breakfast with coffee or milk and bread. But, during the **weekend**, when the family has more time, the different regions in Ecuador have a delicious variety of **meals**. In the Highland Region, it is typical to prepare **mote pillo** or **tamales** and **humitas**. In the Coastal Region, people prepare a delicious **encebollado**, **ceviche** or even **bolones** and **empanadas de verde** filled with **chicharrón** or cheese with a cup of coffee. In each city or town, there are a lot of **bakeries** where people buy bread. Breakfast is served with fruit like papaya, pineapple, babaco, chirimoya, granadilla and beverages, like **colada de avena** (quaker), **horchata** or just juice made from these fruits.

Adapted from: <https://bit.ly/3lwX9mz>



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Read the text and write True (T) or False(F)

- ✓ On weekends the Ecuadorian families have more time to prepare delicious meals. _____
- ✓ In the Highland Region the people prepare ceviche for breakfast.

- ✓ The humitas and mote pillo are typical foods of the Highland Region.

- ✓ In the bakeries, the people can buy vegetables. _____
- ✓ In the Coast Region, people prepare empanadas de verde for breakfast.
