

**A** What have these people been doing? What have they done? Complete the sentences using the present perfect continuous and then the present perfect.



1. Kazuo 's been gardening (garden).  
He 's planted (plant) some flowers.



2. Sienna and Lynn \_\_\_\_\_ (shop).  
They \_\_\_\_\_ (spend) over \$500 each!



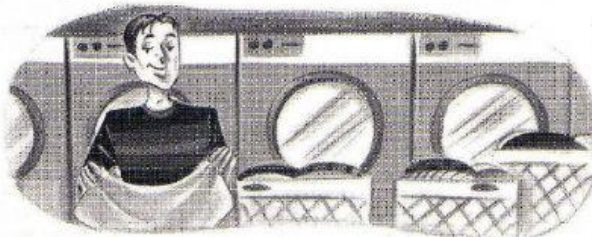
3. Lola \_\_\_\_\_ (run).  
She \_\_\_\_\_ just \_\_\_\_\_ (finish) a marathon.



4. Carmen \_\_\_\_\_ (cook) dinner.  
She \_\_\_\_\_ (make) fish.



5. Sal and Elena \_\_\_\_\_ (ski).  
They \_\_\_\_\_ (have) one lesson.



6. Tony \_\_\_\_\_ (do) laundry all day.  
He \_\_\_\_\_ (wash) three loads.

**B** Circle the correct word to complete each sentence.

- Kazuo's been gardening (**since** / **for**) a few hours.
- Sienna and Lynn haven't shopped online (**since** / **in**) months.
- Lola's been running (**since** / **for**) she was in college.
- Carmen hasn't made unhealthy food (**since** / **in**) a long time.
- Sal and Elena have been skiing (**since** / **for**) this morning.
- Tony's been doing the laundry (**for** / **in**) over six hours.