



Sri Vidyaniketan Public School – Sriramnagar

Subject: physics

Topic: FOOD AND ITS COMPONENTS

Class: 6th

WORKSHEET

I. Multiple choice questions.

1. Animals provide us with:

a) meat b) milk c) eggs d) all of these

2. Which one of the following is an energy giving component?

a) Protein b) Vitamins and minerals
c) Roughage d) Carbohydrates and fats

3. Vitamins and minerals are

a) protective food b) energy giving food
c) body building food d) None of these

4. Scurvy is caused due to the deficiency of

a) vitamin A b) vitamin B
c) vitamin C d) vitamin D

5. Which of the following food items contains carbohydrates?

a) Rice b) Gram
c) Cabbage d) Pulses

II. Fill in blanks.

1. A cow eats only plant products and so it is called a _____. (Herbivore, Carnivore, Omnivore)
2. The edible plant part in spinach is the _____. (Leave, Stem, Root)
3. Pumpkin is the _____ (Root, Stem, Flower) of a plant which is used as vegetable.
4. A solution of _____ (copper sulphate, iodine) and Caustic Soda is used to detect the presence of proteins.
5. _____ (vitamins, proteins, minerals) helps in protecting our body against diseases.

III. Match the items given in Column A with that in Column B.**Column A**

Milk, curd, paneer, ghee

Spinach, cauliflower, carrot

Lions and tigers

Herbivores

Column B

eat other animals

eat plants and plant products

are vegetables

are all animal products