



What's your favorite food?



My favorite breakfast.  
What food can you see?

Vegetables / Fruit  
Meat  
Grains  
Drinks



**Dominic**  
from Bath in the UK

I have breakfast at home. I have cereal, fruit, and yoghurt, and I drink espresso coffee with hot milk. I usually have orange juice, too. I like my breakfast. I think it's very healthy.



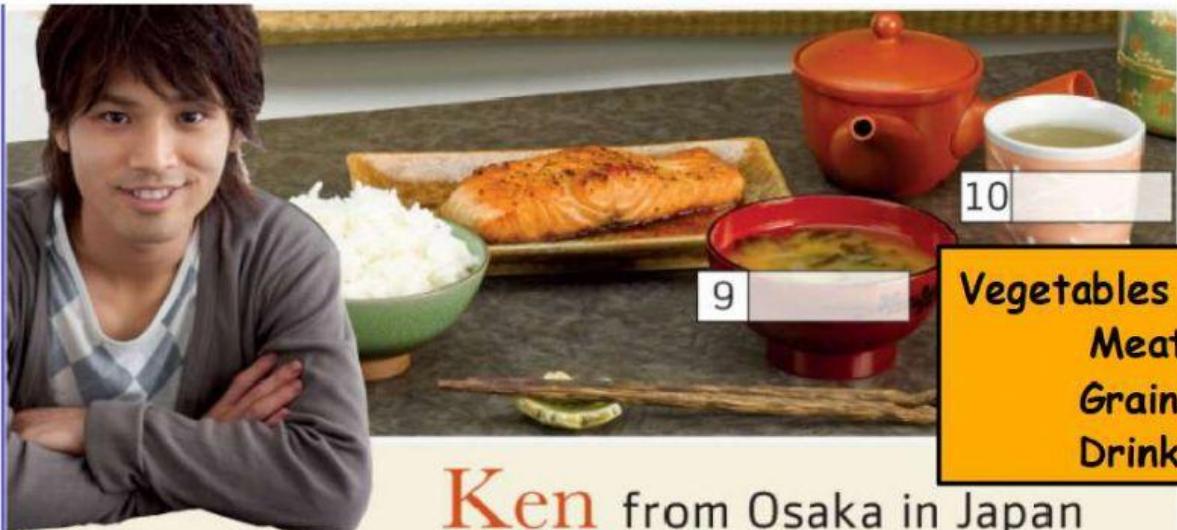
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## Louisa from Miami in the USA

On Saturdays, my friends and I have a typical American breakfast. We don't have it at home, we go to a restaurant. We eat eggs, potatoes, **sausages**, and **toast**, and we drink orange juice and coffee. I don't have a big breakfast during the week, only toast and coffee. But I really like my breakfast on Saturdays!



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## Ken from Osaka in Japan

In my family we have a traditional Japanese breakfast. It isn't very different from lunch and dinner. We have rice, fish, and miso **soup**, and we drink **green tea**. Today a lot of Japanese people have a European breakfast, and they don't drink tea, they drink coffee. I prefer our traditional breakfast.



## What do they have for breakfast?

Look at the pictures and complete the description.

Ken has rice....

Ken from Osaka in Japan



Kendra from Chicago in the US

Read and complete the sentences on with your own ideas

How often do you have .... for... ?

### Breakfast:

cereal fish rice tea toast coffee

### Lunch:

fruit a hamburger salad pasta pizza water soda juice

### Dinner:

vegetables meat rice pasta fish potatoes