

What are **eating** disorders?

Eating disorders are a range of conditions that cause unhealthy eating habits to develop. They might start with an obsession with food, body weight, or

In severe cases, can cause serious health consequences and may even in death if left untreated.

Those with eating disorders can have a variety of . However, most include the severe restriction of food, food binges, or purging behaviors like or over-exercising.

Although eating disorders can people of any gender at any , they are most often reported in adolescents and young women. In fact, up to 13% of youth may experience at least one eating disorder by the age of 20.

Summary: are mental health conditions marked by an obsession with food or body shape. They can affect anyone but are most prevalent among young .



ANTONYMS

An antonym for **SEVERE** in the second paragraph is

An antonym for **CAUSE** in the first paragraph is

An antonym for **ANXIOUS** in the picture is