



1. Write the words into the text: *in front of, superior, towards, higher, away, front, behind, inferior, lower, back*

Medial and Lateral

Imagine a line in the sagittal plane, splitting the right and left halves evenly. This is the midline. Medial means _____ the midline, lateral means _____ from the midline.

Anterior and Posterior

Anterior (ventral) refers to the '_____', and posterior (dorsal) refers to the '_____. Putting this in context, the heart is posterior to the sternum because it lies _____ it. Equally, the sternum is anterior to the heart because it lies _____ it.

Superior and Inferior

These terms refer to the vertical axis. Superior means '_____', inferior means '_____. The head is _____ to the neck; the umbilicus is _____ to the sternum.

2. Match the synonyms:

superior	in front
inferior	standing away from
anterior	to the side
posterior	below
lateral	nearest
medial	to the back
proximal	to the centre
distal	above