

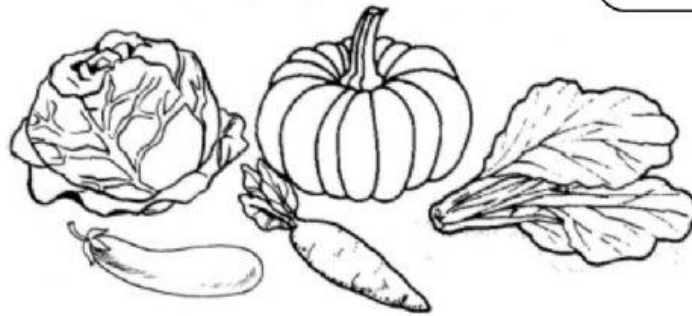
|              |                                |              |         |
|--------------|--------------------------------|--------------|---------|
| <b>NAME</b>  |                                | <b>CLASS</b> |         |
| <b>DATE</b>  | 17 AUGUST 2021                 | <b>DAY</b>   | TUESDAY |
| <b>TITLE</b> | READING : INFORMATION TRANSFER |              |         |

Read the notes and fill in the blanks.

Clean and  
healthy

Wash before eating  
and cooking

May contain  
pesticides



**How to wash :**

- ❖ Clean water
- ❖ Soap

**Contamination:**

- ❖ Germs
- ❖ Bacteria

There are many ways to ensure that the food we prepare is \_\_\_\_\_(1) and healthy to eat. First, we must wash wash all fruits and vegetables carefully before \_\_\_\_\_(2). The reason is they may contain \_\_\_\_\_(3) which may harm us. To wash them, we must use \_\_\_\_\_(4) to do this. This will remove all contamination like \_\_\_\_\_(5) and bacteria. Always wash your hands before you prepare or serve food. Finally, remember to cover food to keep from flies.