



## ACTIVITY 1-

-Before listening. Antes de escuchar la lectura

Which of these healthy activities do you do? - ¿Cuáles de estas actividades saludables realizas? Podes elegir mas de una.

<b>DO EXERCISE</b>	<b>DRINK ENOUGH WATER</b>	<b>EAT HEALTHY SNAKS</b>	<b>GET ENOUGH SLEEP</b>
<b>HAVE A CHECK -UP</b>	<b>PLAY OUTSIDE</b>	<b>WEAR SUN CREAM</b>	<b>RIDE A BIKE</b>

**Your answer – Tu respuesta:** | \_\_\_\_\_

### 1 Listen and read – Escuchar y seguir la lectura.

Hacer **click** en  para escuchar



**The Sydney Surfers say:** Hi! We're the Sydney Surfers from Australia. Our names are Hannah, Scott and Scarlett. It's Health Week in our school at the moment, so this project is perfect for us.



**Hannah** – Do you know that more than half of Australian children go to school by car? I usually go by car, too, but today my friend and I are riding bikes. Other



children in my class are riding scooters or walking to school, too. It's great to do exercise in the morning. It helps us to wake up!



**Scott** – I usually take biscuits to school for a snack, but this week I'm taking healthy snacks. In this photo I'm trying different vegetables. Delicious!



**Scarlett** – My friends and I usually sit in the corridor and chat at break time, but this week we're playing outside. There are ropes, balls and hoops in the playground. It's great fun!



#### REFERENCIAS:

GO BY CAR= IR EN AUTO  
WALK= CAMINAR

TAKE BISCUITS= LLEVAR GALLETITAS

SIT IN THE CORRIDOR= SENTARSE EN EL PASILLO  
ROPES= SOGAS  
HOOPS= AROS

### 2 Complete the following chart about Hanna, Scott and Scarlett. What do they **USUALLY** do? What are they doing **THIS WEEK**?

Completar el cuadro: ¿Qué hacen habitualmente l@s chic@s? ¿Qué están haciendo esta semana? Escribir una oración dentro del cuadro.

**Tip!** Recordá que estamos hablando de una 3ra persona del singular:

**SHE:** Hanna – Scarlett / **He:** Scott.

Leer las reglas del uso del **Presente Simple** (USUALLY DOES) y las del **Presente Continuo** (THIS WEEK).

	<b>USUALLY DOES</b>	<b>HEALTHY WEEK</b>
<b>Hanna</b>	She goes to school by car.	_____
<b>Scott</b>	_____	He is taking healthy snacks.
<b>Scarlett</b>	_____	_____