

COUNTRYSIDE ACTIVITIES

INSTRUCTIONS:

These people all want to do an activity in the countryside during the autumn. Below are descriptions of eight companies which provide leisure activities in the countryside.



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2.

Susanna only has a couple of hours free. She hates walking and would like to try something that brings her into contact with animals although she is a bit nervous with them.

Kemal is looking for some excitement and is keen to do something challenging. He also wants to get to know the area better. He can afford up to £50.



3.

Frank and Sabine want to go for a walk with their young family. They'd like to have lunch out but Sabine doesn't like carrying things for the baby, or picnic things, around all day.



4.

Charlotte is flying to the Brazilian rainforest soon to do some scientific research. She hopes to get some experience of living in the open air before she goes.



5.

Tom wants to explore the natural beauty of the area in company with other people, doing something other than walking. He doesn't have any equipment of his own but he has £40 to spend.

A Windtek Windtek runs windsurfing training courses for beginners, involving two three-hour private lessons (£89 with board and wetsuit hire). Experienced surfers can also practice on their own (£15 per hour). At this time of year, the water is still warm and an exciting day in the open air is promised!

E Park Stables Have you ever thought of exploring a national park on horseback? Park Stables offers rides on horses specially chosen for their gentle characters. Beginners are welcome and riding hats and boots are provided free of charge. Private ride £25 per hour, family ride £42 per hour.

B Country Lanes Based in a lovely forest, Country Lanes provides a relaxing experience for newcomers to cycling, experienced cyclists and those just looking for family fun. This one-day group tour (£30 per person) includes bike hire, route map and discounts on entry to tourist attractions.

F Bygone Age Practice a skill from the past! This company owns a 10-kilometer private railway track and offers train-lovers the opportunity to drive a steam train through pretty countryside. The return trip (£125) lasts one hour. There are picnic tables and a children's playground at the station.

C Llama Treks For something different, let this company's friendly South American animals accompany you on a walk through the hills. The llamas transport your bags while you enjoy the scenery. The most popular trip is a four-hour walk, with a stop at a country restaurant (£55 per adult including meal – children free)

G Swallow Aviation Get a bird's-eye view of the countryside and see some of the region's tourist sights from the air by taking a lesson in a two-seater microlight plane. It's an adventure that's not for the faint-hearted! The training plane is an Icarus C42 which flies at around 160 kph. Flights from £149.

D Survival School If you're thinking of taking a trip to somewhere far from cities and people, you might want to learn how to take care of yourself first. Survival Schools' challenging weekend course (£150) will teach you fire-making, camp-building and recognizing edible plants and while animals. These skills could save your life.

H Island Link This ferry company will take you to a beautiful, walker-friendly island. Some of its footpaths take in the coastline, while others pass through woods. You probably won't see another walker all day! Walks vary in length from 2 to 8 hours. Ferry fare and walker's guidebook £5.