

What do you eat for
BREAKFAST?

MEALS



For BREAKFAST
I eat milk,
biscuits and
orange juice!

LISTEN

We usually eat three MEALS a day:
BREAKFAST, LUNCH and DINNER.



A SNACK gives you energy between meals. You can have snacks in the morning or in the afternoon. It is not a good idea to eat snacks at night.

LISTEN AND REPEAT

Breakfast → colazione

Lunch → pranzo

Snack → merenda

Dinner → cena



LOOK AT THE PICTURES AND WRITE THE NAMES

salad • apples • chips • tomatoes • meat • jam • cheese • milk •
carrots • fish • biscuits • fruit juice

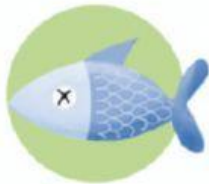
BREAKFAST



LUNCH



DINNER



FOOD ADJECTIVES

food can be...



TASTY



DISGUSTING

If you like something you can say: it is tasty!

If you don't like something you can say: it is disgusting!

LOOK, THINK, WRITE. REMEMBER TO ADD THE VERB TO BE
(IS for singular/ARE for plural)



Strawberries ARE TASTY



Fish _____



Chocolate _____



Jam _____



Salad _____



Biscuits _____



Carrots _____