

READ THE TEXTS AND CHOOSE THE MOST SUITABLE ADVICE FOR EACH TEXT.

- 1- Hi! I'm Maria. I usually spend my day using gadgets, doing homework for school and helping my little brother with his homework. I need a break and I don't know what to do.
- 2- Hello! I'm Dr. David. During this pandemic I see many people having eye strain or headache because they use gadgets during the day. That's not good for you.
- 3- I'm Maria's mother. I always tell her it is important to check on her friends and family. I know it's hard not to see them as much as they want but they need to understand this situation.

YOU SHOULDN'T OVERUSE GADGETS.

YOU SHOULD STAY SOCIAL.

YOU SHOULD MAKE TIME TO UNWIND.

YOU OUGHT TO SEE A DOCTOR.