

HEALTHY EATING SONG

Watch  the video and complete the song:

<https://www.youtube.com/watch?v=-JldSBUQB34>



One, two,  

 three 

see

 with me

 dance 

sing

Let's all 

 drink 

eat

Healthily

We all 

 grow 

jump

 and strong

 small 

big

Let's all sing our

 eating song.

 healthy 

unhealthy

If we all  well

 eat

 drink

It helps us learn and 

 jump

 play

Choosing healthy  is fun

 eat

 food

Why not start today?



Time to fill our tum

With  food, that's fun!

 unhealthy

 healthy

Now we can all  about

 play

 run

Jump & clap &  !

 shout

 run