

Preserving Food

1. For thousands of years,
for longer.
2. In the past,
for times when it was hard to find, such as the winter.
3. Today and people
living in these places that don't use
fridges.
4. They need to .

Why doesn't food last?

5. The problem is that
6. To preserve food
7. There are .

Drying

8. Drying .
9. If water , the bacteria can't grow.
10. In ancient times in hot countries, people simply left fruit and meat .
11. This .
12. Drying fruit .
13. For example, .
14. Drying food in the sun ,
but people have .

Salting

15. Salting food, , is another very old way to
preserve food.
16. , so salted food
lasts a long time.

17. In many countries,
and people still eat it today.
18. For example, in Portugal the national dish is salt cod fish, and
, they prefer to eat

Canning

19. in 1809 by an
inventor called Nicolas Appert.
20. He found that and then
, the food lasts for months.
21. This is because and
cannot
22. Vegetables and fizzy drinks in cans, and jam and juice in bottles are

Freezing

23. is Freezing
24. In the 1900s a scientist called Clarence Birdseye .
25. He noticed that
26. He realised that .
27. Back home, .
28. in 1930 and was very popular, especially
in North America.
29. Today .
30. All sorts of food, from vegetables to pizza,