Ready for First mid-term Test

Reading and Use of English

Part 2 Open cloze

For questions **1–8**, read the text below and think of the word which best fits each gap. Use only **one** word in each gap. There is an example at the beginning (**0**).

Example: 0 *HAD*

The wrong time of year

I remember my first visit to the Caribbean very well. I **(0)** _____ been saving up for ages to afford a couple of weeks' break somewhere really hot. I needed **(1)** _____ sunshine! Eventually, I had **(2)** _____ money to pay for a fortnight on the sunny island of Barbados. But when I arrived I was surprised. Where was the sunshine? The sky was cloudy and grey, just as if I **(3)** _____ back in the UK. I kept thinking that the clouds **(4)** _____ disappear and reveal the clear blue skies in the brochure, but no such luck. It remained cloudy for three days and **(5)** _____ it started to rain. I had to buy an umbrella and the streets were soon flooded. In the whole fortnight, we had very **(6)** _____ sunny days – just two! On my way home, another passenger helpfully suggested that next time I **(7)** _____ choose dates outside the rainy season. If I ever have the chance, that's exactly what I **(8)** _____ do.

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Part 3 Word formation

For questions **1–8**, read the text below. Use the word given in capitals at the end of some of the lines to form a word that fits in the space in the same line. There is an example at the beginning (**0**). Write your answers in **CAPITAL LETTERS**.

Example: 0 *COMEDIANS*

Funny food!

Every two years the BBC holds an event called *Comic Relief* to raise money for charity. It involves a large number of **(0)** _____ who put on an eight-hour TV show to encourage the public to make **(1)** _____. In 2013, there was also a large banquet and the **(2)** _____ to find chefs was tough. The chefs were put under a lot of **(3)** _____ to produce possible dishes, and meeting the judges' **(4)** _____ was challenging to say the least. As well as being delicious, the dishes also had to be funny. This was hard, and the chefs came up against many **(5)** _____. There were some incredible **(6)** _____ on the programme. In one Particular show we saw a marvellous **(7)** _____ that looked like a miniature volcano – and it exploded like one too. The series was both **(8)** _____ and hilarious to watch. I wonder what they will think of doing in two years' time. I for one can't wait.

COMEDY
DONATE
COMPETE
PRESS
APPROVE
DIFFICULT
SEE
CREATE
INFORM

Part 4 Transformations

For questions **1–6**, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. **Do not change the word given.** You must use between **two** and **five** words, including the word given. Write the missing words in **CAPITAL LETTERS**. Here is an example (**0**).

Example:

0 I'm sure Tim failed the test because he looks very upset.

HAVE

Tim *MUST HAVE FAILED THE TEST* because he looks very upset.

1 The book was too boring, so I didn't finish it.

INTERESTING

The book _____, so I didn't finish it.

2 The number of people meant that we couldn't see the stage.

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TOO

There _____ so we couldn't see the stage.

3 We'll have sent out all the reports by the end of the day.

SENT

All the reports _____ by the end of the day.

4 It's possible that Paul has gone home.

HAVE

Paul _____ home.

5 People think that Richard III was killed in battle.

TO

Richard III _____ killed in battle.

6 We've run out of time to finish watching the DVD.

ENOUGH

We _____ to finish watching the DVD.

Reading and Use of English

Part 6 Gapped text

You are going to read a magazine article about a new fitness and diet. Six sentences have been removed from the article. Choose from the sentences **A–G** the one which fits each gap (**1–6**). There is one extra sentence which you do not need to use.

A It is a matter of self-maintenance, she believes, which can have a beneficial effect in every area of your life.

B But then you get chatting to people and they realize that you're like everybody else, really.

C For Gunnell, the idea of determining her own fitness programme after two decades of being told what to do and when by athletics coaches brought its own sense of freedom.

D I'm trying to balance being a mum and working, and just trying to build fitness into my life.

E With this in mind, the exercises have been very much designed for different levels and abilities.

F If they see you going out of the door and going for a run, or going to the gym, you make it a culture within the family.

G The golden girl of British athletics in the 1990s retired from the track more than fifteen years ago.

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Get fit in 28 days

'We're going to turn right, is it right? Here, just where these cars are going. Yeah, go on.' Dusk is falling and Sally Gunnell is being driven back home after a day-long photo shoot. Such is the ceaseless pace at which her life moves that this short journey is almost the only free time she has had all week.

When she is not travelling up and down the motorways of Britain on her motivational speaking tours, she is looking after her three children, undertaking promotional work or appearing on television. [1] However, she is still showing few signs of slowing down. 'A lot of what I do now is being a taxi service,' she says with a smile.

So the first thing I want to know is where on earth she found the time to put together a fitness and diet programme, giving you the chance to train like an Olympic champion. 'I always say I'm like everybody else now,' she says. '[2] I think it's about finding something that you enjoy. If you've only got five minutes, you'll be better off doing some sit-ups rather than doing nothing at all. You're better off adapting fitness to your lifestyle in this way. If you want to perform better at work, if you want to deal with stress and day-to-day living, fitness is a key part of it.'

Just as she uses motivational speaking to unlock people's potential in the workplace, so Gunnell is passionate about spreading the word about healthy living. 'People always say to me: "I feel so stressed because I can't get this done, I can't think straight," and they might have all sorts of aches and pains. But often, the amount of energy you have in a day is linked back to lack of exercise or what you're eating or not eating.' [3] 'Whatever you're trying to achieve, whether it's trying to be a better mum, or performing to your highest ability at work, it often does come back to how you feel about yourself.'

So as well as slotting into the hectic lifestyle, Gunnell believes exercises in her fitness plan will suit people of all ages and shapes. 'I always think that with exercise there's no quick fix or secret remedy. It's often just something that fits in with what you can do at home.' Practicality is a primary objective. [4]

[5] 'I was an athlete from the age of 14 to the age of 31, and it was very demanding. When I retired, it was nice to choose what I wanted to do. I could go running, or go to the gym. I thought, "Wow, this is great." '

So do people still expect her to be a finely sculpted athlete? 'Sometimes they do,' she says. '[6] I still have to work at it. I still have to watch what I eat, and I know how it affects my mood. If I ate everything, I'd put on loads of weight.'

LIVEWORKSHEETS

Listening

Listening CD Track 9

2 You will hear people talking in five different situations. For questions 1-5, choose the best answer (A, B or C).

1 You hear a young man talking. What does he believe about laptops?

A They're better than other computers.
B They aren't the best kind of computer.
C They don't need to be improved.

2 You hear a teacher talking. What does she say about the experiments?

A They carry them out in school time.
B They've made a few discoveries.
C They have fun doing the research.

3 You hear a man talking on the radio. What does he say about the future?

A There won't be a separation between TV and computers.
B There won't be any computer games.
C There won't be any machines.

4 You hear a mother talking to her daughter. What does she think about computer games?

A They are violent.
B They have to be taken care of.
C They are a waste of time.

5 You hear a man talking. What is his problem?

A He can't find his mobile phone.
B He can't send a text message.
C He finds mobile phones make his life difficult.

Activar Windows

Vocabulary

Complete the gaps in each sentence with an appropriate word. The beginning of each word has been given to help you.

1 When I was a child I was a **fu**_____ eater and I refused to eat any vegetables.

2 I ate two **ba**_____ of chocolate this afternoon and now I don't feel very well.

3 The fence was blown down in the **ga**_____-force winds last night.

4 How did Chris get that **bl**_____ eye? Has he been in a fight?

5 We had **gl**_____ sunshine for the whole of our week's holiday. It was fabulous.

6 Add a **pi**_____ of salt before you put the stew in the oven.

7 You're putting your child at **ri**_____ if you don't have a special seat in the back of the car.

8 Mike eats so quickly. He never **ch**_____ his food, he just gulps it down.

9 The documentary was about a herd of elephants during a terrible **dr**_____ in Africa.

10 The weather forecast predicted **sc**_____ showers, but we've only had a very short one.

11 With heavy snow like this there's a likelihood of an **av**_____ in the mountains.

12 There hasn't been a volcanic **er**_____ in this area for fifty years.

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Writing (choose only 1)

Part 2 Report

The director of your language school wants the school to do more to help the environment. You have been asked to write a report about how the school could save energy. You should explain how you think energy is wasted at the school and what could be done to reduce this.

Write your **report** in **140–190** words.

Part 2 Review

You see this announcement in your college English-language magazine.

> *Book reviews wanted!*
>
> *Have you read a book in which the main character behaved in a surprising way?*
>
> *Write us a review of the book explaining what the main character did and why it was surprising. Tell us whether or not you would recommend this book to other people.*
>
> *The best reviews will be published in the magazine.*

Write your **review** in **140–190** words.

LIVEWORKSHEETS