

# HYBRID SPORTS

Do you want to do or watch something different in your free time? 17-year-old Jane Harrison tells us about hybrid sports.

**REPORTER** Jane, first of all, what's a hybrid sport?

**JANE** A hybrid sport is the combination of two or more sports. Bossaball, chessboxing and artistic swimming are all hybrid sports.

**REPORTER** So, tell us about them. What is Bossaball?

**JANE** Bossaball mixes volleyball, football and dancing. The term bossaball comes from the Brazilian music style 'bossa nova' and volleyball.

**REPORTER** Does this sport really exist?

**JANE** Yes, it does! You play on an inflatable court and you can touch the ball with any part of your body.

**REPORTER** Sounds fun. And what's chessboxing?

**JANE** Well, in this sport, competitors play a 24-minute game of chess and stop five times during the game to fight each other.



**REPORTER** That's challenging! And artistic swimming?

**JANE** This is probably the most famous hybrid sport because it is an Olympic sport. Competitors perform gymnastics and dance to music while they swim.

**REPORTER** Do you practise any hybrid sports?

**JANE** I love playing volleyball and listening to music, so Bossaball is an ideal sport for me. I enjoy playing it with my friends.

**REPORTER** Do you want to try chessboxing?

**JANE** I don't mind playing chess but I hate boxing! Chessboxing is very useful because it trains both the brain and the body. A lot of girls practise it, especially in India, but definitely it's not for me.

**REPORTER** And how about artistic swimming?

**JANE** Well, I enjoy swimming, so I can try it one day. In fact, I like watching artistic swimming at Olympic events.



## 1) Read and answer the questions:

- What is a hybrid sport?
- What hybrid sports does Jane talk about?
- What hybrid sport does she do?
- What hybrid sport does she want to try?

## 2) Read and complete the sentences:

- Bossaball is the combination of \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- Chessboxing is the combination of \_\_\_\_\_ and \_\_\_\_\_.
- Artistic swimming is the combination of \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.
- Jane doesn't want to try chessboxing because \_\_\_\_\_.
- She wants to try artistic swimming because \_\_\_\_\_.

## Expressing likes and dislikes

3) Complete the sentences with the correct verb: **love, enjoy, hate, like, don't like, don't mind.**

 I \_\_\_\_\_ / \_\_\_\_\_ swimming.

 I \_\_\_\_\_ running.

 I \_\_\_\_\_ painting

 I \_\_\_\_\_ dancing.

 I \_\_\_\_\_ singing.

**REMEMBER**

To express likes, hobbies and dislikes you use the verb with **ING**.

4) Choose the correct option to complete the dialogue.

**Ann:** What do you like <sup>1</sup> **do / doing** on Saturdays, Lara?

**Lara:** I <sup>2</sup> **love / don't mind** cycling. It's fun!

**Ann:** I <sup>3</sup> **hate / like** cycling too but I haven't got a bike. How about taking dance classes?

**Lara:** Sounds great. I really enjoy <sup>4</sup> **dance / dancing**, there is a hip hop class at the sports centre at 8 o'clock.

**Ann:** at 8 o'clock? I <sup>5</sup> **don't mind / don't like** going to the sports centre on Saturdays but I <sup>6</sup> **love / hate** getting up early.

**Lara:** Well, there's a class at 11 o'clock.

**Ann:** That's perfect!

## VOCABULARY

5) Classify the words in the box in the following categories.

run	bike	cycling	running	swim	dance
swimming	pool	ball	skiing	net	ring
trainers	racket	train	bat	T-shirt	climb
court	helmet	pitch	pass	gloves	dancing
	skis	shorts	score		swimsuit

Name of a sport	Actions	Equipment to practice a sport	Place to practice a sport	Objects to play a sport

6) Complete the sentences with words from exercise 5.

- I really like cycling but my <sup>(1)</sup> \_\_\_\_\_ is very old.
- I enjoy swimming, in summer I go to the beach but in winter I go to the <sup>(2)</sup> \_\_\_\_\_ in the sports centre.
- My sister loves Bariloche because she likes <sup>(3)</sup> \_\_\_\_\_ in the snowy mountains.
- My dad gave me a <sup>(4)</sup> \_\_\_\_\_ for my birthday so I started tennis lessons.
- I love running, I have my new <sup>(5)</sup> \_\_\_\_\_ and a new pair of <sup>(6)</sup> \_\_\_\_\_ for the next marathon.
- When I play football I <sup>(7)</sup> \_\_\_\_\_ the ball very quickly and I usually <sup>(8)</sup> \_\_\_\_\_ goals.