Convert the time units.

	x	1	
1 hour	= 60) minu	tes
	÷	/	

	X		
1	minutes	= 60 second	S
	÷		

1) 4 minutes = seconds	2) 7 minutes = seconds
4 minutes = 6 0 seconds x 4	7 minutes = 6 0 seconds x 7
3) 2 hours = minutes 2 hours = 6 0 minutes x 2	4) 5 hours = minutes 5 hours = 6 0 minutes x 5
5) 120 minutes = hours 120 minutes = 60 1 2 0	6) 300 minutes = hours 300 minutes = 60 3 0 0

8) 500 seconds = minutes seconds = 500 seconds = 5 0 0
10) 70 minutes = hours minutes
70 minutes = 6 0 7 0