

Are you working too hard?

Superlative forms

We use the superlative form to compare three or more things.
Munich is the most expensive / the cheapest of the six cities.

Category	Example	Superlative
One-syllable adjectives	cheap	(the) cheapest
	small	(the) smallest
Two syllables ending -y	easy	(the) easiest
Two or more syllables	expensive	(the) most expensive
Irregular adjectives	good	(the) best
	bad	(the) worst

1 Complete the questions with the superlative form of the adjective indicated, as in the example.

- What's the most important thing in your life? (important)
- What's the thing in your life? (stressful)
- What's the time you start work in the morning? (early)
- What's the time you finish work in the evening? (late)
- What is your meal of the day? (big)
- When is the time of day to have a meeting with colleagues? (good)
- What's the time to call you for business? (bad)
- On holiday, what's the thing to take with you? (important)

2 Match 1–8 in 1 with A–H below to complete the questionnaire, as in the example. Then choose your own answer to each question.

Are You Working too Hard?

<p>A Question</p> <p>a After 6 p.m. when the telephone stops ringing.</p> <p>b In the morning.</p> <p>c In the afternoon.</p> <p>d I don't have time for meetings.</p> <p>B Question</p> <p>a 6 a.m. or earlier.</p> <p>b Between 7 and 8 a.m.</p> <p>c Between 8 and 9 a.m.</p> <p>d 9 a.m. or later.</p> <p>C Question</p> <p>a My job.</p> <p>b My company.</p> <p>c My family and/or friends.</p> <p>d My health.</p> <p>D Question</p> <p>a Family holidays.</p> <p>b Not enough time to do my job well.</p> <p>c Travelling to work.</p> <p>d Learning English.</p>	<p>E Question</p> <p>a At home in the evening.</p> <p>b Phone me when you want. If it's important, I want to know.</p> <p>c At weekends.</p> <p>d When I'm on holiday.</p> <p>F Question</p> <p>a My computer.</p> <p>b My mobile phone.</p> <p>c Sun cream and sunglasses.</p> <p>d Some paperwork from the office.</p> <p>G Question</p> <p>a 6 p.m. or earlier.</p> <p>b Between 7 and 8 p.m.</p> <p>c between 8 and 9 p.m.</p> <p>d 9 p.m. or later.</p> <p>H Question</p> <p>a Lunch.</p> <p>b Dinner.</p> <p>c Breakfast.</p> <p>d I don't have a big meal. I have little snacks when I have time.</p>
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Use the table to calculate your score.

Q1	a = 3	b = 4	c = 0	d = 1
Q2	a = 4	b = 2	c = 2	d = 1
Q3	a = 4	b = 3	c = 2	d = 1
Q4	a = 1	b = 2	c = 3	d = 4
Q5	a = 0	b = 3	c = 2	d = 4
Q6	a = 3	b = 0	c = 0	d = 4
Q7	a = 0	b = 4	c = 0	d = 0
Q8	a = 4	b = 3	c = 0	d = 4

What was your score?

- Less than 10* You have a nice relaxed life – at home and at work.
- 10 – 18* You work hard, but you know when to stop.
- 19 – 27* Be careful. If you take on more work, you'll be very stressed.
- 28 – 32* Oh dear! Time to take a long holiday.