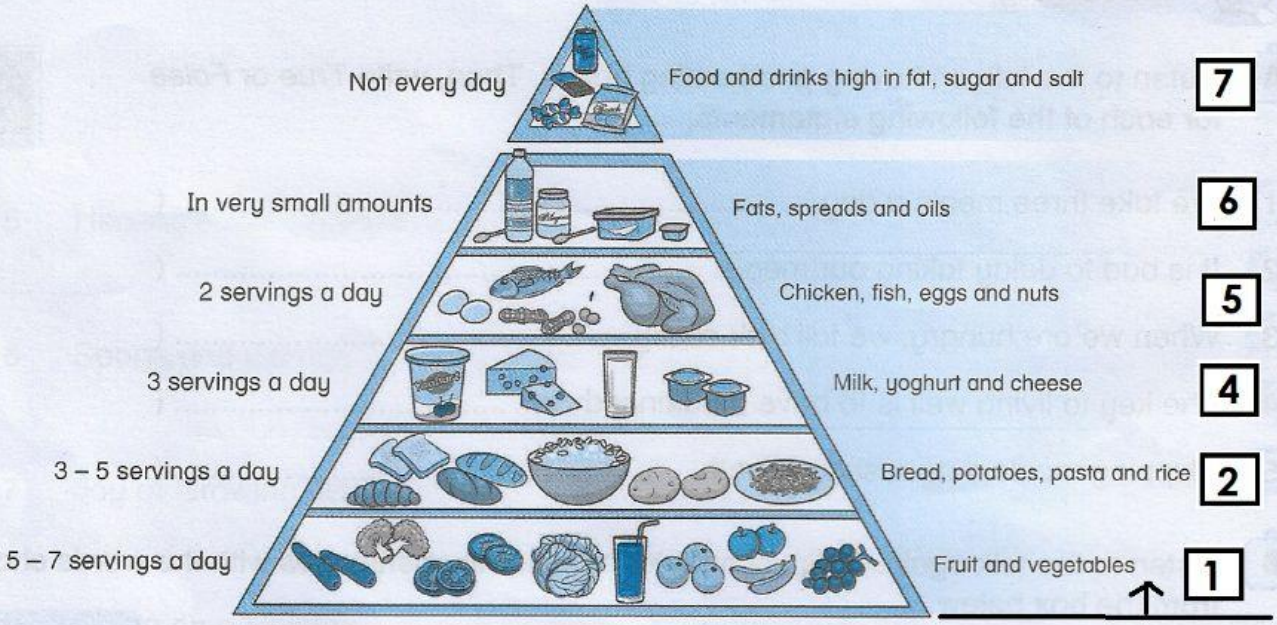
Name:

Speaking

A Look at the food pyramid. Work in pairs. You may use words like *popular*, *healthy*, *shelf*, *nutritional*, *desserts*, *servings* and *consume*.



A : Right at the bottom of the food pyramid is _____.

B : Looks like they are very _____.

A : We can take them as _____ as needed.

B : Our main meals are found in the second _____.

S : Yes. We can take it between _____ servings.

B : We need about three servings for _____.

A : The fourth shelf consists of _____. They are very _____ but we are advised to have only _____ servings.

B : The top of the pyramid is _____.

A : They are not _____.

B : They should not be _____.

Vocabulary 词汇

food pyramid 食物金字塔　nutritional 营养的　servings（供一人吃的）一份食物　consume 吃；喝

LIVEWORKSHEETS