

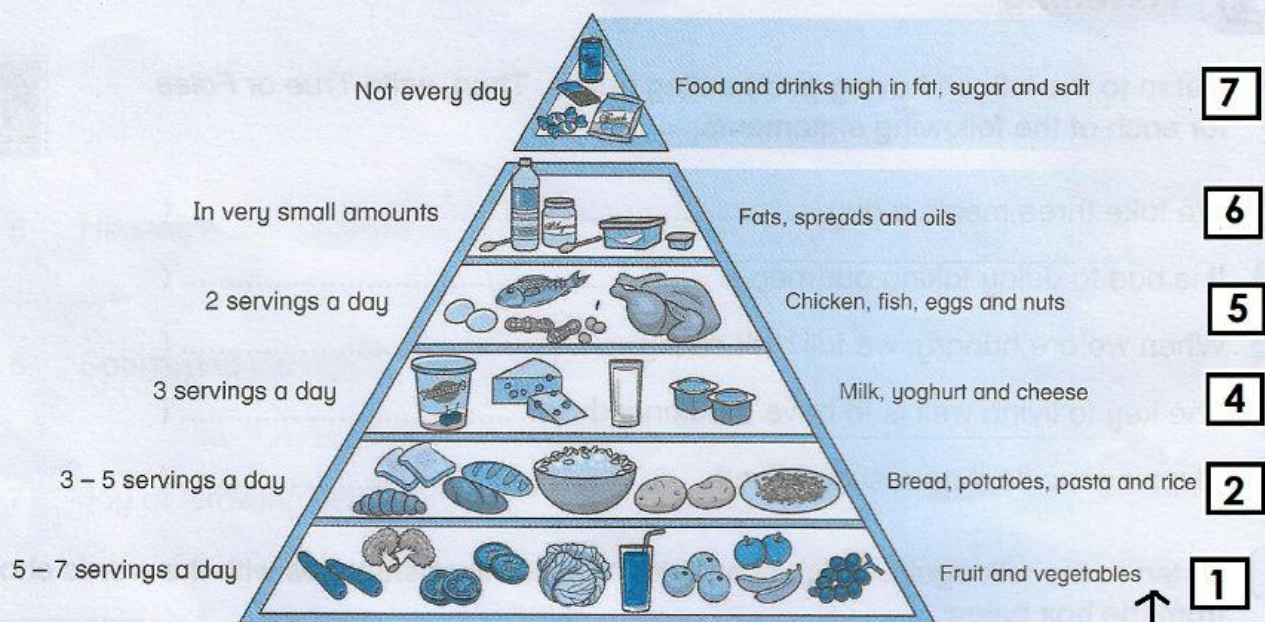
Name: \_\_\_\_\_



## Speaking



Look at the food pyramid. Work in pairs. You may use words like popular, healthy, shelf, nutritional, desserts, servings and consume.



A : Right at the bottom of the food pyramid is \_\_\_\_\_.

B : Looks like they are very \_\_\_\_\_.

A : We can take them as \_\_\_\_\_ as needed.

B : Our main meals are found in the second \_\_\_\_\_.

S : Yes. We can take it between \_\_\_\_\_ servings.

B : We need about three servings for \_\_\_\_\_.

A : The fourth shelf consists of \_\_\_\_\_. They are very \_\_\_\_\_ but we are advised to have only \_\_\_\_\_ servings.

B : The top of the pyramid is \_\_\_\_\_.

A : They are not \_\_\_\_\_.

B : They should not be \_\_\_\_\_.



## Vocabulary 词汇

food pyramid 食物金字塔

nutritional 营养的

servings (供一人吃的) 一份食物

consume 吃; 喝