

Name: _____

Lastname: _____

Grado: _____

Date: _____

Worksheet #: _____

HOW ARE YOU FEELING TODAY?



Write the meaning of each emotions and feelings

1. _____  SAD	2. _____  HAPPY	3. _____  EXCITED	4. _____  SURPRISED	5. _____  SHOCKED	6. _____  CONFUSED
7. _____  PROUD	8. _____  NERVOUS	9. _____  FRUSTRATED	10. _____  SCARED	11. _____  EMBARRASSED	12. _____  ANGRY
13. _____  WORRIED	14. _____  HOPEFUL	15. _____  TIRED	16. _____  LONELY	17. _____  DISGUSTED	18. _____  UPSET
19. _____  BORED	20. _____  CALM	21. _____  SILLY	22. _____  SICK	23. _____  STRESSED	24. _____  JEALOUS