

Listen to the people introducing two different sports centres and do the exercises to practise and improve your listening skills.

1. Check your understanding: grouping

Do this exercise before you listen. Write the words in the correct group.

lifeguard	secretary	Zumba
jazz dancing	Pilates	sauna
water aerobics	weight machines	changing rooms
dance teacher	swimming pool	personal trainer
Gym staff	Gym facilities	Gym classes

Gym staff Gym facilities Gym classes

2. Check your understanding: Which gym?

Do this exercise while you listen. Circle *Gym A* or *Gym B* for these sentences.

Which gym has ...

1. a good air-conditioning system?

Gym A Gym B

5. a bigger gym with more machines?

Gym A Gym B

2. dance classes? **Gym A Gym B**

6. a swimming pool? **Gym A Gym B**

3. a shop? **Gym A Gym B**

7. a sauna? **Gym A Gym B**

4. a café? **Gym A Gym B**

8. martial arts classes? **Gym A Gym B**

3. Check your understanding: multiple choice

Do this exercise while you listen. Circle the best option to complete these sentences.

- Gym A has lots of activities in the evenings / a few different activities at different times / lots of activities at different times of day .
- Gym A moved into a new building / built a sauna / opened ten years ago.
- In gym A, you can have a massage at a reasonable price / free if you are a member / if you book in advance .
- You can borrow towels and yoga mats / towels / yoga mats from the gym.
- Gym B can give you advice about training, lifestyle and diet / sports injuries and diet / how to become a professional athlete .
- In the main gym, you must use a towel / wear trainers / take a bottle of water .
- The lifeguard can also give you some tips to improve your swimming / demonstrate the best way to swim / give you swimming lessons .
- The timetable for the classes is available online / in a brochure / on the noticeboard .