



Grammar 1

Present perfect simple, present perfect continuous

1 Read about the uses of the present perfect simple and the present perfect continuous.

Present perfect simple

- something that started in the past and has continued until now
*He **has coached** wrestling for eight years.*
- something that happened in the past, but we don't know or we don't say exactly when
*The team **has bought** new uniforms.*
- something that happened in the past, but has a result or an effect in the present
*Steven **has broken** his leg, so he isn't playing in the match this week.*
- an action that has just finished or happened
*We've **just scored** a goal!*
- experiences and achievements
*Our cricket club **has won** lots of prizes recently.*

Present perfect continuous

- for actions that started in the past and are still in progress now or have happened time and time again until now
*We **have been teaching** basketball for years.
He's **been having** tennis lessons since he was five.*
- for continuous actions that happened in the past and have finished recently, but have a result or an effect in the present
*She's tired because she's **been jogging**.*
- to emphasise how long actions have been in progress
*You've **been practising** for the badminton game for weeks.*

Present perfect simple vs present perfect continuous

We use the present perfect simple to focus on the result of a completed action or how many times something has happened. However, we use the present perfect continuous to focus on the action itself or how long something has been happening. It is unimportant whether the action has finished or not.
*Carol has played squash **once**.
Kevin's been practising in the skateboarding park **all weekend**.*

2 Read the sentences. Which tense do they both use? In which sentence has the person not returned yet?

- Mona has been to an ice hockey game in Canada.
- Mona has gone to an ice hockey game in Canada.

Read 3.1-3.3 of the Grammar Reference before you do the tasks.

3 Complete the text. Use the present perfect simple or the present perfect continuous.

The history of sport

While people ¹ _____ (play) games and ² _____ (do) sport practically since the beginning of time, the rules which participants have had to follow ³ _____ (change) over the centuries. Experts, historians and archaeologists, ⁴ _____ (discover) that sport ⁵ _____ (be) a useful way for people to learn how to deal with nature and the environment better. They ⁶ _____ (also see) that as societies ⁷ _____ (develop), sport and games have too. Archaeologists ⁸ _____ (study) cave paintings for years now and they ⁹ _____ (find) many which show athletes doing sport. In France, the paintings show people participating in wrestling and running about 17,300 years ago, and in Libya, in the Cave of Swimmers, evidence ¹⁰ _____ (show) people taking part in competitive swimming. Although experts ¹¹ _____ (not answer) all the questions about why people play games and do sport yet, they ¹² _____ (prove) that nobody can argue about their importance in human history.





Grammar 2

Past simple, present perfect simple

1 Read about past simple vs present perfect simple.

In general, we use the past simple to talk about a completed action that happened at a specific time in the past. We use the present perfect simple to talk about something that happened at an unspecified time in the past or that happened in the past, but that is still relevant to the present.

*I **went** to Spain to see Barcelona play **in 2011**.*

(specific time in the past)

*I've **been** to Spain to see Barcelona play.*

(unspecified time in the past)

The important point to remember is that the present perfect simple always has a connection with now, whereas the past simple only tells us about the past.

We also use the present perfect simple to give new information, but when we continue talking about it, we usually use the past simple.

A: 'I've **seen** Barcelona play.'

B: 'When **did** you **see** them?'

A: 'I **saw** them in 2011.'

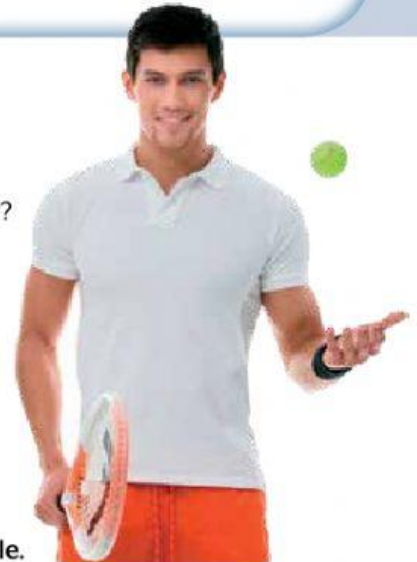
2 Complete the sentences with the past simple or the present perfect simple.

- 1 We use _____ with time expressions such as *ago*, *in 1990* and *the other day*.
- 2 We use _____ with time expressions such as *just*, *already*, *recently* and *so far*.

Read 3.4 of the Grammar Reference before you do the tasks.

3 Circle the correct words.

- 1 I **just put on** / **have just put on** my football kit.
- 2 Maria **has already scored** / **already scored** five points!
- 3 **Did they spend** / **Have they spent** their holiday hiking in Greece last summer?
- 4 Theo **has taken** / **took** tennis lessons in 2005.
- 5 My friend **has been** / **was** at a rugby match two days ago.
- 6 I **didn't watch** / **haven't watched** an ice hockey game so far.
- 7 Last week Helen and Iris **went** / **have gone** to the new sports arena.
- 8 He can't play squash because he still **didn't buy** / **hasn't bought** a racket.
- 9 **Did you ever see** / **Have you ever seen** a rugby game?
- 10 We **have waited** / **waited** at the golf course for two hours ... where were you?



4 Complete the dialogues. Use the past simple or the present perfect simple.

- 1 **A:** Last night I _____ (go) to a boxing match!
B: Oh, I _____ (already be) to two boxing matches.
- 2 **A:** Do you know that Joe _____ (work) at the sports arena for fifteen years?
B: Really? I thought he _____ (start) working there five years ago.
- 3 **A:** _____ (you / ever meet) a famous athlete?
B: Well, I _____ (see) Laila Ali box.
A: Wow! I _____ (watch) her father, Muhammad Ali, fight once. Sadly, he doesn't box anymore.
- 4 **A:** Tony _____ (break) his leg!
B: Really? How _____ (it happen)?
A: He _____ (fall) while he was skiing.
- 5 **A:** Yesterday I _____ (leave) the flat and _____ (ride) my bike to the gym. Then I _____ (realise) that I _____ (not have) my trainers with me.
B: Oh, no! That _____ (happen) to me before. What _____ (do)?
A: I _____ (call) Mum to bring them to me.
- 6 **A:** How long ago _____ (you / begin) coaching baseball?
B: Ten years ago. I _____ (recently take) a team to the national finals ... and we _____ (win)!