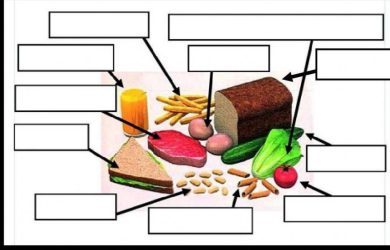


# SONG • Delicious

I can understand a song about food and health.

Look at the picture. What different types of food you can see? Choose the correct words for the food.

pasta, juice, sandwich, meat, chips, beans, salad  
vegetables, tomato, cucumber, bread



2 Listen to the song. Put the verses in the correct order.

**Delicious**

I like cooking lunch,  
But I'm sometimes very lazy.  
Would you like a sandwich?  
I can make something tasty.

Do you prefer sitting on the sofa  
Are playing video games?  
I love running and swimming,  
And I hope you like the same.

Mom's delicious - what's your favourite?  
Mom's delicious - what do you want to eat?  
Tell me what you really like,  
And you can have breakfast with me.

**c** First, I have some eggs,  
I eat some every day.  
Next I drink a lot of juice,  
And after that I eat.

**d** We can go to a restaurant  
And choose a healthy snack.  
I'll have salad and I have pasta,  
And then we can walk back.

Mom's delicious - what's your favourite?  
Mom's delicious - what do you want to eat?  
Tell me what you really like,  
And you can have lunch with me.

**e** I'm usually fit and healthy:  
I exercise a lot,  
Then I get my breakfast -  
I like it when it's hot.

**f** I love eating pasta,  
but I don't eat much meat.  
What are the things  
You usually eat?

Mom's delicious - what's your favourite?  
Mom's delicious - what do you want to eat?  
Tell me what you really like,  
You can have dinner with me.

3 Listen to the song again. Which foods in exercise 1 are mentioned in the song?

|            |               |
|------------|---------------|
| eggs       | meat          |
| tomato     | nasi lemak    |
| juice      | fried chicken |
| cucumber   | sandwich      |
| pasta      | chicken rice  |
| bread      | snack         |
| roti canai | coconut       |
| salad      | watermelon    |

4

Are the sentences about the singer **true** or **false**?  
Correct the **false** sentences.

- 1 She's normally lazy and unhealthy.
- 2 She eats eggs every day.
- 3 She can cook.
- 4 She eats a lot of meat.
- 5 She doesn't like running and swimming.

5 Choose the correct words in the box for sentences 1-6.

tasty snack breakfast healthy  
pasta juice

- 1 You drink this. It's fruity.
- 2 A kind of food, for example, spaghetti and lasagne
- 3 The first meal of the day
- 4 A word that means the same as *delicious*
- 5 Something small to eat between meals
- 6 Food that is good for you is ...



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**USE IT!** Work in pairs. Ask and answer the questions. Please access Google Form questionnaire at bit.ly/makansatay

- 1 Which meal do you prefer: breakfast, lunch or dinner? Why?
- 2 Do you prefer eating healthy or unhealthy food? Why?
- 3 What snacks do you usually eat?
- 4 What food is popular in your country?