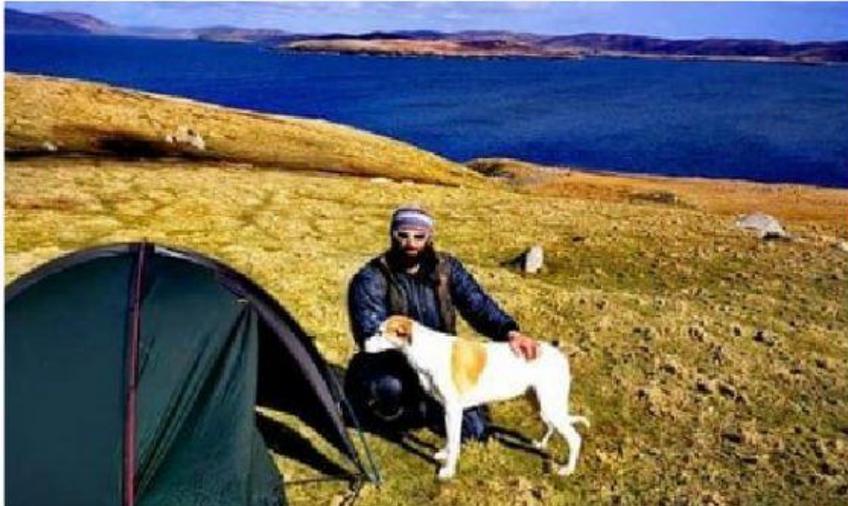


Ex-paratrooper walking UK coastline isolates _____ empty Shetland island

Chris Lewis is staying _____ usually uninhabited Hildasay _____ charity challenge can resume



Chris Lewis and his dog, Jet. Lewis says he is 'the happiest I've ever been'.

Chris Lewis, 39, has walked 12,000 miles since [setting off from Llangennith beach](#) on the Gower peninsula near his _____ city of Swansea, south Wales, in August 2017.

He was sleeping in a tent on mainland Shetland _____ the government announced the introduction of lockdown measures on 23 March to limit the spread of coronavirus.

Lewis and his dog, Jet, travelled _____ boat to Hildasay, a 108-hectare island off the west coast of the Shetland mainland, and have remained there ever _____.

They have been given permission to live in _____ one house on Hildasay, a former shepherd's hut without running water, heating or electricity.

_____ the lockdown is lifted, Lewis and Jet intend to continue their journey around the UK coastline to raise money for SSAFA, the armed forces charity. Donations have already reached almost £98,000.



Lewis and Jet are staying in a former shepherd's hut without running water, heating or electricity. Photograph: Chris Lewis/PA

"I've mainly been in isolation for the past two years _____ to the nature of the places we've been walking," Lewis said. "When I heard there was going to be a lockdown, I was kindly given a boat to get over to Hildasay, _____ is an uninhabited island. I thought it would be better if I wasn't _____ the mainland; I didn't want to be _____ the way.