









My favourite meal

Look at the text and do the exercises to practise and improve your writing skills.

Write the name of the food below the picture.

cereal	egg	sausages	bacon	toast	baked beans	tomato	mushrooms
							
							

My favourite meal, by Jonathan Jones

My favourite meal is breakfast. From Monday to Friday I go to school early **so** I have a quick breakfast. I usually have cereals with milk or sometimes I have toast and jam, **but** the weekend is different!

On Saturdays and Sundays, my dad cooks an English breakfast for everyone in our family. A typical English breakfast is egg, bacon, sausages, tomatoes, mushrooms and baked beans (beans in tomato sauce). Then we have toast and jam. I drink orange juice **and** my mum and dad drink tea or coffee. I love breakfast at the weekend **because** I have breakfast with my whole family.



Top Tips for writing

Linking words: when do we use these words?

and = before a similar idea

but = before a different idea

because = before a reason

so = before a result

1. Check your understanding: multiple choice

Circle the best answer to these questions.

- What is Jonathan's favourite meal? breakfast / lunch / dinner
- When does Jonathan eat an English breakfast? on Mondays / on Fridays / on Saturdays and Sundays
- In Jonathan's family who cooks the English breakfast? his sister / his father / his mother
- What is a typical English breakfast? cereals with milk / toast and jam / egg, sausages, bacon, tomatoes, mushrooms and beans
- What does Jonathan drink for breakfast? orange juice / tea / coffee
- Why does Jonathan love breakfast at the weekend? Because he likes baked beans. Because he has breakfast with his family. Because he goes to school early.

2. Check your writing: gap fill 1

Complete the gaps with a linking word from the box.

and	so	but	because
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- I go to school early _____ I have a quick breakfast.
- I usually eat toast and jam, _____ the weekend is different.
- I drink orange juice _____ my mum and dad drink tea or coffee
- I love breakfast at the weekend _____ I have breakfast with all my family.

3. Check your writing: gap fill 2

Complete the gaps with a linking word. Use *so*, *and*, *because* or *but*.

1. I can't cook _____ my dad cooks breakfast for me.
2. I would love to eat an English breakfast every day _____ I don't have time.
3. Yukiko eats rice for breakfast, lunch _____ dinner.
4. You shouldn't have an English breakfast every day _____ it's not healthy.
5. In my family we drink tea _____ coffee for breakfast.
6. Tim doesn't like meat _____ he can't eat an English breakfast.