

## SIMPLE PAST AND PAST CONTINUOUS

Simple past	Past continuous
<p>We use the simple past to talk about: <b>Completed actions, habits and facts in the past.</b></p> <p>Example:</p> <ul style="list-style-type: none"> <li>• I went to the cinema yesterday.</li> <li>• I always visited my grandparents in my summer holidays when I was little.</li> <li>• I lived near Liverpool for a couple of years.</li> </ul>	<p>The past continuous is used to express: <b>Interrupted actions, specific time as an interruption and parallel actions.</b></p> <p>Example:</p> <ul style="list-style-type: none"> <li>• I was watching TV when the phone rang.</li> <li>• Last night at 7 p.m, I was having dinner.</li> <li>• While she was doing her homework, her brother was playing football.</li> </ul>

### Complete the sentences with past simple or continuous

1. We \_\_\_\_\_ (cycle) when the rain \_\_\_\_\_ (start).
2. He \_\_\_\_\_ (break) the vase while he \_\_\_\_\_ (play) ball at home.
3. My mom \_\_\_\_\_ (come) in while I \_\_\_\_\_ (surf) on the net.
4. The electricity \_\_\_\_\_ (go off) as I \_\_\_\_\_ (bake) a cake.
5. Sandra \_\_\_\_\_ (catch) when her sister \_\_\_\_\_ (fall) down the stairs.
6. I \_\_\_\_\_ (play) golf when it \_\_\_\_\_ (begin) to rain.
7. While she \_\_\_\_\_ (read) a novel, her sister \_\_\_\_\_ (turn on) the CD player.
8. They \_\_\_\_\_ (walk) along the beach when they \_\_\_\_\_ (see) the accident.
9. We \_\_\_\_\_ (study) when we \_\_\_\_\_ (hear) a terrible noise.
10. While she \_\_\_\_\_ (do) the ironing, her husband \_\_\_\_\_ (set) the table.
11. We \_\_\_\_\_ (dance) when he \_\_\_\_\_ (faint).
12. When he \_\_\_\_\_ (fall) down the tree, he \_\_\_\_\_ (break) his leg.
13. I \_\_\_\_\_ (be) shocked when I \_\_\_\_\_ (hear) the bad news.
14. She \_\_\_\_\_ (cry) when I \_\_\_\_\_ (see) her.
15. My parents \_\_\_\_\_ (sit) in the garden while we \_\_\_\_\_ (play) badminton.
16. Bob \_\_\_\_\_ (lie) in the garden when it \_\_\_\_\_ (start) to rain.
17. As I \_\_\_\_\_ (put) the baby to bed, the phone \_\_\_\_\_ (ring).
18. What \_\_\_\_\_ you \_\_\_\_\_ (do) when Dan \_\_\_\_\_ (fall)?
19. How \_\_\_\_\_ you \_\_\_\_\_ (break) the window?
20. I \_\_\_\_\_ (write) an e-mail when the postman \_\_\_\_\_ (deliver) his letter!
21. When I \_\_\_\_\_ (leave) home yesterday, some dogs \_\_\_\_\_ (sit) near the front gate.
22. John \_\_\_\_\_ (not swim) at four o'clock. He \_\_\_\_\_ (play) football.

23. While I \_\_\_\_\_ (swim) in the river, I \_\_\_\_\_ (see) some frogs.
24. Jim \_\_\_\_\_ (not pay) attention when he \_\_\_\_\_ (drive) his car into a tree.
25. What \_\_\_\_\_ you \_\_\_\_\_ (do) while she \_\_\_\_\_ (sleep)?

**Complete the sentences with *while* or *when*.**

1. We were playing basketball \_\_\_\_\_ it began to rain.
2. The dog was barking \_\_\_\_\_ we were sleeping.
3. I was watching TV \_\_\_\_\_ she called.
4. \_\_\_\_\_ the phone rang, she was writing a letter.
5. \_\_\_\_\_ we were having the picnic, it started to rain.
6. What were you doing \_\_\_\_\_ the earthquake started?
7. You were not listening to me \_\_\_\_\_ I told you to turn the oven off.
8. \_\_\_\_\_ John was sleeping last night, someone stole his car.
9. I was just getting into the bath \_\_\_\_\_ the telephone rang.
10. Were you listening \_\_\_\_\_ he was talking?
11. \_\_\_\_\_ Ellen was reading, Tim was watching television.
12. \_\_\_\_\_ she came home from school she really didn't look well