

# 3 What did she say?

**GOAL** ■ Interpret doctor's instructions

- A. Look at the list of doctors below and decide which doctor said each statement. Write the type of doctor on the line.**

podiatrist    dentist    pediatrician    ophthalmologist    chiropractor    obstetrician

1. "Your children need to eat healthier foods each day." \_\_\_\_\_
2. "Make sure you are taking your prenatal vitamins every day." \_\_\_\_\_
3. "You need to floss your teeth every time you brush them." \_\_\_\_\_
4. "You should buy some good walking shoes." \_\_\_\_\_
5. "Try to do these exercises three times a day to stretch your back." \_\_\_\_\_
6. "Always wear your glasses when typing on the computer." \_\_\_\_\_

- B. What is something else each of these doctors might say?**

1. dentist: \_\_\_\_\_
2. chiropractor: \_\_\_\_\_
3. podiatrist: \_\_\_\_\_
4. ophthalmologist: \_\_\_\_\_
5. pediatrician: \_\_\_\_\_
6. obstetrician: \_\_\_\_\_

- C. How would you tell someone what your doctor said? Imagine that you are telling your partner what four of these doctors said to you.**

1. *My pediatrician said that my kids needed to eat healthier foods every day.* \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

D. Study the chart.

Indirect Speech	
Direct speech	Indirect speech
"The most important thing is your health."	The doctor <b>said</b> (that) the most important thing <b>was</b> my health.
"You <b>eat</b> too much sugar."	The doctor <b>told me</b> (that) I <b>ate</b> too much sugar.
<ul style="list-style-type: none"><li>• Indirect speech reports on what someone has said.</li><li>• The use of <b>that</b> is optional in indirect speech.</li><li>• In indirect speech, you <b>say</b> something or you <b>tell</b> someone something.</li><li>• <b>Tell</b> is usually followed by an indirect object noun or pronoun.</li><li>• Other verbs like <b>say</b> are <b>agree, announce, answer, complain, explain, reply, state.</b></li><li>• Other verbs like <b>tell</b> are <b>assure, advise, convince, notify, promise, remind, teach, warn.</b></li><li>• Change the present tense in direct speech to the past tense in indirect speech.</li><li>• Change the pronouns to reflect the correct person.</li></ul>	

E. Underline the indirect speech in each sentence.

1. I told you I wanted to lose weight.
2. My mother agreed that it was a good idea to add more fiber to my diet.
3. She said I needed to eat a balanced diet.
4. The doctor explained that dieting wasn't the only way to lose weight.
5. My friend told me she ran three miles a day to stay in shape.
6. Lola convinced me that exercise was an important part of staying healthy.
7. I said that I understood everything I have to do.
8. The physical therapist told me that I needed to stretch after exercising.
9. She told him she wanted to exercise more.
10. The dentist said that I needed to floss more often.
11. He complained that his back was hurting from too much sitting.

**F. Change the direct speech to indirect speech.**

1. My husband said, "There are five grams of protein in the soup."

My husband said (that) there were five grams of protein in the soup.

2. Dr. Brown told me, "You need to check nutrition labels carefully."

3. He said, "It is important to check the number of calories and grams of fat per serving."

4. He also explained, "It is important to monitor sodium levels."

5. My mother always complained, "You eat too much saturated fat."

6. She warned me, "You have to pay attention to your cholesterol."

7. I said, "I know I need to stop eating junk food."

**G. Complete the following quotes with what these people have said to you. Then, rewrite each quote using direct speech.**

1. The nurse said, "It is a good idea to eat a larger lunch and smaller dinner."

The nurse said it was a good idea to eat a larger lunch and a smaller dinner.

2. My mother always told me, "\_\_\_\_\_."

3. My father explained, "\_\_\_\_\_."

4. My friend warned me, "\_\_\_\_\_."

5. The doctor said to me, "\_\_\_\_\_."