The Importance of Henna in Traditional Emirati Weddings

Henna is a huge part of Emirati culture and _____[1]. Henna is used for many special occasions, but especially in weddings. Henna Night is a really important night where the bride-to-be, her relatives and friends all join together to _____[2] the wedding to come. They do this by _____[3] themselves with henna. They cover their hands and feet with the dark _____[4] which is made of many _____[5] including henna leaves, water, lemon juice, tea and essential oils. The henna designs are usually applied in a _____[6], they range from very simple to very _____[7]. The bridal patterns in particular can take hours and are often done by more than one person, employing a range of _____[8]. Some brides want the henna _____[9] to be very dark, because tradition says that as long as the henna stays on the bride, she won't have to do any housework, and the _____[10] the stain, the better the marriage. In modern times, there is also a tendency to use gold temporary henna patterns for special occasions such as weddings.

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