



READING ACTIVITY

HEALTHY AND DELICIOUS



1.- Answer the following questions:

a) Do you know how to make any healthy snacks?
Which ones?

b) How can we make sure that what we cook is healthy?

2.- Read the text on pages 38 and 39 in your book and answer the following questions:

a) What is the main characteristic of a Bruschetta?

b) Why is it important to cook with the help of an adult?



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c) Why is the bruschetta described as a healthier version of a pizza?

3.- Read the text on pages 38 and 39 in your book and click on the correct word:

- a) Because of its strong taste, it's better to be very careful when you're adding **onion** / **garlic**.
- b) Put some **olive oil** / **lemon** on one of the sides of the baguette bread before toasting it.
- c) If you're looking to add some extra flavor to your preparation, you can put some **avocado** / **garlic cloves** on it.

4.- Click on "Finish", write your FULL NAME and then click on "send".