

### Activity 5: Badminton

Look at the paragraph below about how to perform a forehand shot. Use the words in the box to fill in the blanks.



backhand

shuttle

forehand

body

If the \_\_\_\_\_ is on the same side of your \_\_\_\_\_ as the racket, use a \_\_\_\_\_ stroke. If the shuttle is on the side of your body that you do not have the racket, use a \_\_\_\_\_ stroke.

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