

Vocabulary: Meals



10 Write the words under the correct headings. Drag and drop

bread	potatoes	biscuit
salt	butter	ice cream
sausage	cheese	carrots
cake	muffin	meat

Soup	Sandwich	Dessert

11 Find the odd one out.



apples	strawberries	oranges	plums	carrots
meat	chicken	sausage	bananas	steak
cheese	milk	yoghurt	potatoes	butter
tomatoes	cucumbers	carrots	fish	beans
milk	juice	tea	dessert	coffee

12 Reorder the letters in brackets and complete the text.

The Food I Eat

For breakfast I usually have some

(lerace) with  (Imki) and a cup of

(eta) with  (oatts).



At school I have a snack during the long break.

I have an  (pplea) and some

(iujec) with a  (hanwsdic).



When I come home after school I have lunch. I eat

some  (puos) and some

(stoptaoe) with  (echcikn).



When my parents come home from work we have

dinner. We often have



 (crie) with



(sapat) or



(isfh) and some



(alsda).

Before I go to bed, I drink a glass of

(gyhortu) with some



 (cubitiss).

13 Read the text. Then match the headings to the paragraphs.

Stay Safe in the Kitchen!

Making food is fun but it's not always safe in the kitchen. There are knives and forks, hot pans and boiling water! You have to be very careful because you can easily cut or burn yourself!



1.

Famous chefs on TV always have assistants. So, if your mum or dad can be with you in the kitchen, it's great! They can help you and you can have a lot of fun!



2.

When you see how your mum cuts cheese, you might think that it's easy. But if you hold a knife in your hand, you'll see that cutting vegetables or cheese can be difficult.

3.

People always wear aprons in the kitchen. If you haven't got an apron, you can put on an old shirt. Always wash your hands before you begin to cook.



4.

Always wash all vegetables and fruit, meat and fish, because there are a lot of bacteria on them. Always wash tables and cutting boards after you finish cooking

5.

If you need a knife or a blender, an electric kettle or a gas stove, always ask your mum or dad. If they say yes, be very careful and always ask for help! NEVER use a gas stove when you're alone in the kitchen!!!

6.

You might think that cooking is easy but some people never learn to cook well! Remember that it takes time and practice to learn how to cook.

14. Read the text again. Find the foods and kitchen utensils.