

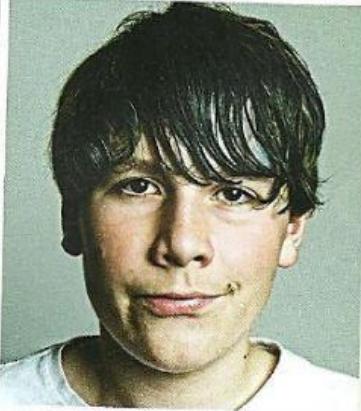
UNIT 6- page 66

1 What happens if you don't wash every day?

2 65 Read and listen to Alex's blog about his experiment. Are the sentences T (true) or F (false)?

- a Alex thinks we use too many personal hygiene products. T  F   
b At the end of the experiment, his skin feels terrible. T  F

**No shower gel for a month!**



Most people buy a lot of personal hygiene products. However, these products destroy the natural bacteria on your skin that clean and protect it. So I want to try an experiment. Can I live for one month with only a bar of soap for washing my hands?

Day 1: My skin feels really dirty.

Day 4: The skin under my arms is sore. ☹

Day 10: My hair looks disgusting!

Day 22: Wow! My skin feels great. Finally, the bacteria are helping! But I need some deodorant ... urgently ...

Day 31: It's the last day! I now know I must use deodorant every day and shampoo twice a week, but I don't need to use shower gel every day. The bacteria on my skin do a great job, and they don't cost any money! 😊😊😊



**VOCABULARY: Personal Hygiene products**

2-Match the words below to the photos.

deodorant hair gel a hairbrush makeup shampoo shower gel soap a  
toothbrush toothpaste



1 soap



2



3



4



5



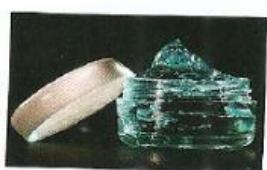
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7



8



9



Cuando nos referimos a estos productos, a veces solemos nombrar el contenedor en el cual vienen disponibles. Por ejemplo, frasco, botella, pomo, etc. En inglés son comunes frases como:

- ▶ A bottle of shampoo
- ▶ A tube of toothpaste
- ▶ A bar of soap
- ▶ A can of deodorant (can=lata en inglés Británico-)
- ▶ A pot of hair gel

### COUNTABLE OR UNCOUNTABLE NOUNS?

(Sustantivos contables o incontables)



3- Click the correct option.

Countable noun		Uncountable nouns
singular	plural	Singular only
bottle		X
X	X	deodorant

4- Complete the text with the correct option



In the past, personal hygiene was very different from today. There was only one type of <sup>1</sup> soap \_\_\_\_\_ to use on your hair, body, and hands. There was no <sup>2</sup> \_\_\_\_\_ for your hair until the 20th century! These days, we brush our teeth every day. This isn't new – <sup>3</sup> \_\_\_\_\_ are about 7,000 years old! But the <sup>4</sup> \_\_\_\_\_ of toothpaste that we use now are a product of the 19th century. <sup>5</sup> \_\_\_\_\_ isn't a recent invention. Most of us use <sup>6</sup> \_\_\_\_\_ of it under our arms every day, but it was first available in shops in the 1880s.

4-Read the examples and study the table.

I need **some** deodorant.  
They don't cost **any** money!

	Countable	Uncountable
	Singular	Plural
✓	There's a can.	There are <b>some</b> cans.
✗	There isn't a can.	There aren't any cans.
?	Is there a can?	Are there any cans?
		Is there any soap?

Now complete the rules with **some**, **any**, or **a / an**.

We use ...	for ...
1 _____	plural countable nouns, uncountable nouns, affirmative sentences
2 _____	plural countable nouns, uncountable nouns, negative sentences, questions
3 _____	singular countable nouns, affirmative and negative sentences, questions

5- Complete the conversation with **a**, **an**, **some**, and **any**, and the correct words in brackets.

Tom: Dad, I want a shower. Is there

1 **any shower gel** ? (hairbrush / makeup / shower gel)

Dad: Yes, there's 2 \_\_\_\_\_ next to the sink. (new bottle / new can / new pot)

Tom: And I want to wash my hair, but there isn't 3 \_\_\_\_\_ ! (deodorant / shampoo / soap)

Dad: Look in the bathroom cupboard. There's 4 \_\_\_\_\_ in there. (hair gel / makeup / shampoo)

Tom: OK. And have we got 5 \_\_\_\_\_ (hair gel / makeup / soap) for my hair afterwards?

Dad: No, there isn't any. Oh, wait – there's 6 \_\_\_\_\_ in my bedroom. (old bar / old can / old pot)