UNIT 6- page 66

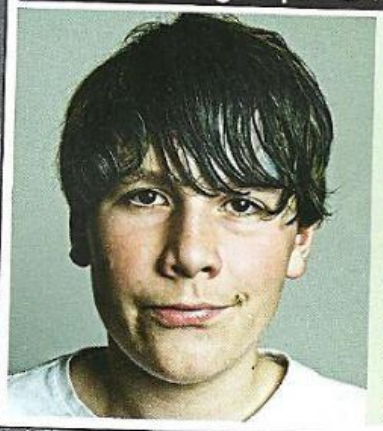
**1** What happens if you don't wash every day?

**2** 65 Read and listen to Alex's blog about his experiment. Are the sentences T (true) or F (false)?

a Alex thinks we use too many personal hygiene products. T ☐ F ☐

b At the end of the experiment, his skin feels terrible. T ☐ F ☐

## No shower gel for a month!



Most people buy a lot of personal hygiene products. However, these products destroy the natural bacteria on your skin that clean and protect it. So I want to try an experiment. Can I live for one month with only a bar of soap for washing my hands?

**Day 1:** My skin feels really dirty.

**Day 4:** The skin under my arms is sore. ☹

**Day 10:** My hair looks disgusting!

**Day 22:** Wow! My skin feels great. Finally, the bacteria are helping! But I need some deodorant ... urgently ...

**Day 31:** It's the last day! I now know I must use deodorant every day and shampoo twice a week, but I don't need to use shower gel every day. The bacteria on my skin do a great job, and they don't cost any money! ☺☺☺



**VOCABULARY: Personal Hygiene products**

**2-Match the words below to the photos.**

*deodorant hair gel a hairbrush makeup shampoo shower gel ~~soap~~ a toothbrush toothpaste*



1 soap



2 _____



3 _____



4 _____



5 _____



6 _____



7 _____



8 _____



9 _____

LIVEWORKSHEETS

Cuando nos referimos a estos productos, a veces solemos nombrar el contenedor en el cual vienen disponibles. Por ejemplo, frasco ,botella, pomo, etc. En inglés son comunes frases como:

- A bottle of shampoo
- A tube of toothpaste
- A bar of soap
- A can of deodorant (can=lata en inglés Británico-)
- A pot of hair gel

## *COUNTABLE OR UNCOUNTABLES NOUNS?*

(Sustantivos contables o incontables)

click here!

**3- Click the correct option.**

| Countable noun | | Uncountable nouns |
|---|---|---|
| **singular** | **plural** | **Singular only** |
| bottle | | X |
| X | X | deodorant |
| | | |
| | | |
| | | |
| | | |

**4- Complete the text with the correct option**



In the past, personal hygiene was very different from today. There was only one type of [1] soap to use on your hair, body, and hands. There was no [2] _____ for your hair until the 20th century! These days, we brush our teeth every day. This isn't new – [3] _____ are about 7,000 years old! But the [4] _____ of toothpaste that we use now are a product of the 19th century. [5] _____ isn't a recent invention. Most of us use [6] _____ of it under our arms every day, but it was first available in shops in the 1880s.

LIVEWORKSHEETS

4-Read the examples and study the table.

I need **some** deodorant.
They don't cost **any** money!

| | Countable | | Uncountable |
|---|---|---|---|
| | Singular | Plural | Singular only |
| ✓ | There's a can. | There are **some** cans. | There's **some** soap. |
| ✗ | There isn't a can. | There aren't **any** cans. | There isn't **any** soap. |
| ? | Is there a can? | Are there **any** cans? | Is there **any** soap? |

**Now complete the rules with *some*, *any*, or *a / an*.**

| We use ... | for ... |
|---|---|
| 1 _____ | plural countable nouns, uncountable nouns, affirmative sentences |
| 2 _____ | plural countable nouns, uncountable nouns, negative sentences, questions |
| 3 _____ | singular countable nouns, affirmative and negative sentences, questions |

5- **Complete the conversation with *a*, *an*, *some*, and *any*, and the correct words in brackets.**

**Tom:** Dad, I want a shower. Is there 1 any shower gel ? (**hairbrush / makeup / shower gel**)

**Dad:** Yes, there's 2 _____ next to the sink. (**new bottle / new can / new pot**)

**Tom:** And I want to wash my hair, but there isn't 3 _____ ! (**deodorant / shampoo / soap**)

**Dad:** Look in the bathroom cupboard. There's 4 _____ in there. (**hair gel / makeup / shampoo**)

**Tom:** OK. And have we got 5 _____ (**hair gel / makeup / soap**) for my hair afterwards?

**Dad:** No, there isn't any. Oh, wait – there's 6 _____ in my bedroom. (**old bar / old can / old pot**)

LIVEWORKSHEETS