

Do you need all this stuff?

Are these sentences true or false?

1. Minimalism is the idea of simplifying your life down to extremes.
2. Some people take have almost no furniture.
3. You need to look at the things that you own and get rid of everything that is not essential.
4. You don't need to minimise your activities.
5. When you cut back on unnecessary expenses, you might be able to save up, travel more or get out of debt.