

MODULE 5: EATING RIGHT

LISTENING PRACTICE

1. Match the correct side effects of eating Healthy and Unhealthy food based on the video (Healthy Food Junk Food video).

Make people weak and very sick

Bad for our body

Give energy all day

Good for our body

Give no energy and laziness

Make us grow tall and strong

HEALTHY FOOD... ✓



JUNK FOOD... ✗