READ THE TEXT:

Good afternoon, my name is Nick and I am 13 years old. I live with my mom, dad and sister. We are very healthy but some days we like to eat unhealthy food. For breakfast, at 8 o´clock I usually eat yogurt with cereals and my sister drinks a glass of milk and eats bread with butter. When we are on vacation, we like to ride our bikes in the mornings for an hour or go for a hike. I always carry a bottle of water with me, because I get thirsty. In the afternoon, at 2 o'clock for lunch, I ate smash potatoes and chicken and a salad. My favorite food is French fries with sausages, but I don't eat that so often because is high in fats and calories. Sometimes, after lunch at 5 o'clock I eat a little snack, like cookies or an apple. Then I like to watch movies or hang out with my friends. Later in the evening, at 7:30 p.m. I have dinner, I always eat bread with cheese and ham and a cup of tea, but for today, we will eat sushi because is my sister's birthday.

LIVEWORKSHEETS

CHOOSE THE CORRECT ALTERNATIVE:

I. Nick has breakfast at:

a) 10 o'clock.
b) 8 o'clock.
c) 2 o'clock.

II. For breakfast he eats:

a) Bread with butter.
b) A glass of milk.
c) Yogurt with cereals.

III. His favorite food are:

a) Smash potatoes with sausages.
b) French fries with sausages.
c) Sushi.

IV. Nick has lunch at:

a) 2 o'clock.
b) 2:30 p.m.
c) 5 o'clock.

V. For dinner he always eats:

a) Sushi.
b) Bread with cheese and ham.
c) Cookies.

LIVEWORKSHEETS