

## Disrupted Digestion

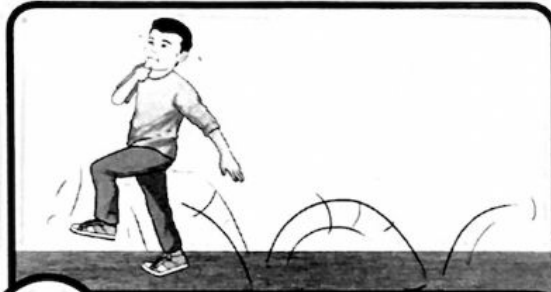
Date:



Answer all the questions.

1. The following actions are done while eating.

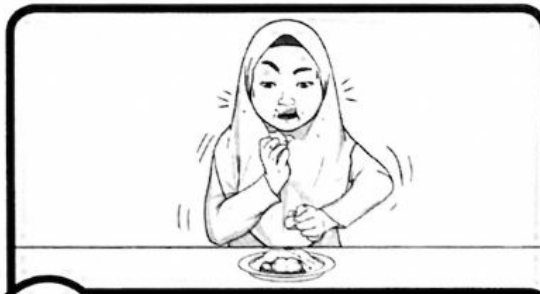
Cross (X) the actions that may disrupt digestion.



☐ Eating while hopping



☐ Eating in a proper manner



☐ Eating too fast

2. Based on the answers above, complete the following sentence.

The actions of

and

digestion.

may disrupt

3. Cross (X) the effects of the actions above that disrupt digestion.

☐

Choking

☐

Vomiting

☐

Food is easily digested