Potential or Kinetic?

Potential Energy is stored energy and is waiting to work.

Kinetic Energy is energy that is working

	=g,g.	
6000	The apple in the tree is The apple falling from the tree Is	
	If the rubber band is still it is If the rubber band is stretched it is	
	If the roller coaster is still, it is If it is moving, it is	
	the yoyo is still at the top, it isthe yoyo is moving, it is	
	If the bow string is still it is If the bow string is pulled it is	

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