



Aim of the test

- To show understanding about general and specific information from a reading text.
- Identify emotions and feelings according to different situations.
- Recognize vocabulary related to the topic of the unit 1.

English Written Test (7th Grade) Unit 2: Healthy habits

Name : _____ Date: June, 25th Score: ___/27 Max.

I. – Read about different peoples's eating habits and match them with the correct image. (6 pts)

My name is Peter and breakfast is very important for me. I usually eat bread, orange juice, some croissants, cereal, cookies and a glass of milk



Hi, I don't like vegetables or fruits. I usually eat dairy products.



Hi, I am Paul and I am vegetarian. I usually eat fruits (pineapple, grapes, oranges) for breakfast. I drink lot of water. I eat lettuce, cauliflower and tomato



Hello, my name is Anna and my favourite meal of the day is lunch. I usually eat tomatoes, sausages, a fried egg, some mushrooms, bacon and beans.



Hi, in the mornings I am very busy, so I just eat a cup of tea, toast and milk.



Hi, I love delicious food. My favorite food is pancakes, orange juice and spaghetti. I don't like coffee or tea.



II.- Read the texts and the descriptions, then write 1 or 2. (8 pts.)

1 I prefer to eat breakfast, because I think breakfast is the most important meal of the day, I usually have potatoes or spaghetti with meat or fish and a glass of juice. I think I'm a good eater. For lunch I have a plate of soup and I usually buy crisps because I like them. When I get home from school, I'm not hungry and I may only have a light snack. In the evening I have a light supper- cornflakes or pancakes.

2 I don't like to eat in the morning before I go to school. For lunch I eat my packed lunch. I usually have sandwiches, a yoghurt or a cake. In the evening when my mum gets home from work, we have dinner together. We often have mashed potatoes or pasta with vegetables. I don't like vegetables very much. But I know that it's a right food.

- 1.- He/she likes to eat in the morning.
- 2.- He/ she buys lunch at school.
- 3.- He/she doesn't have breakfast.
- 4.- He/she has dinner with the family.
- 5.- He/she doesn't buy lunch at school.
- 6.- He/she isn't hungry in the evening.
- 7.- He/she likes sweets
- 8.- He/she is a good eater.

III. - Place the nutrient to complete the definitions. (3 pts.)

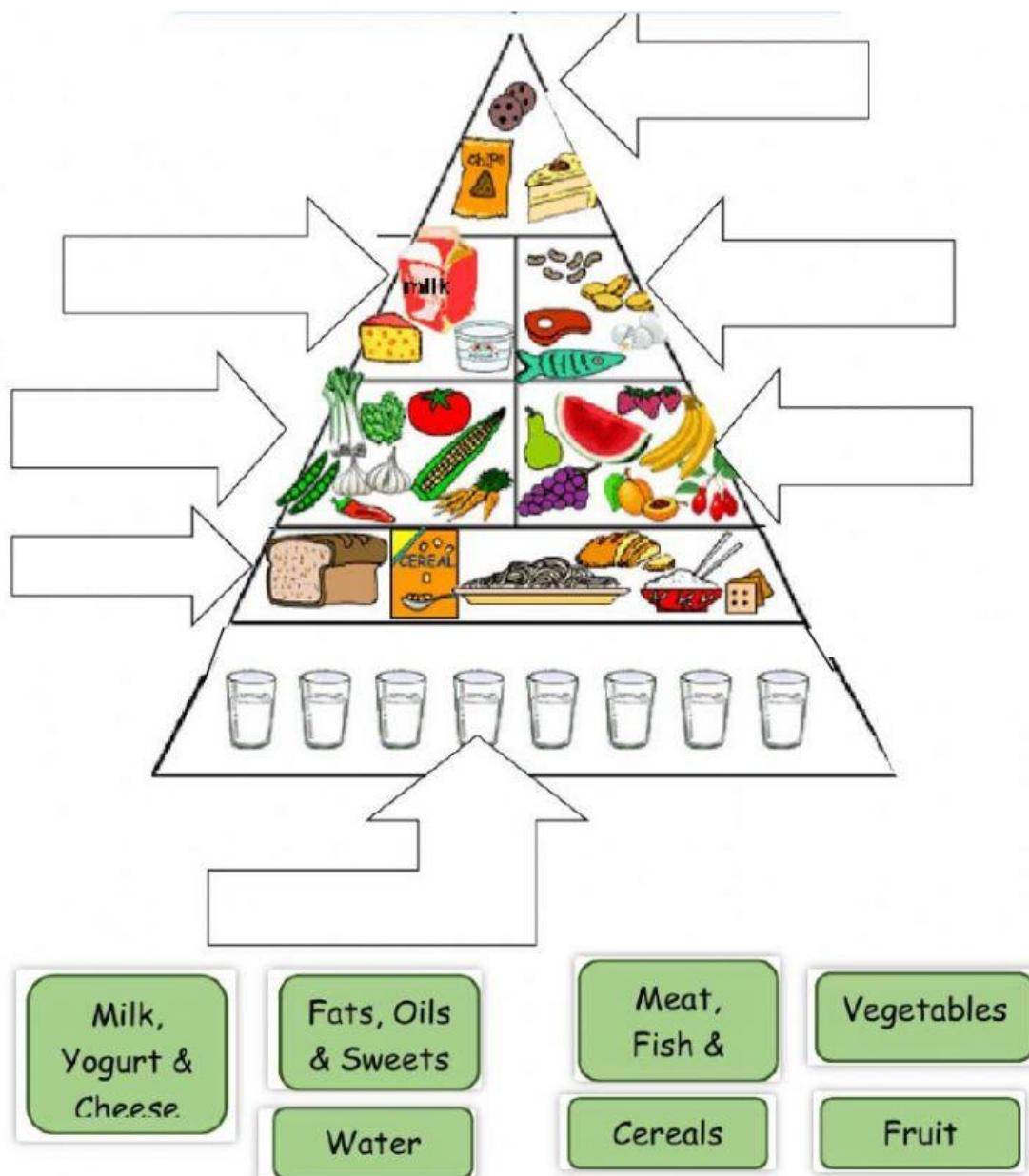
Vitamins and minerals

Carbohydrates and fats

Proteins

- 1) _____ gave our muscles stronger and give our body the nutrients we need for growth and repair.
- 2) _____ help our immune system and prevent illness.
- 3) _____ give our body energy.

IV- Write the correct names of the group of the pyramid food (7 pts.)



V.- Answer the following questions according to your personal information. (3 pts.)

- 1.- What do you eat for breakfast? _____.
- 2.- What do you eat for lunch? _____.
- 3.- What do you eat for dinner? _____.