

## Relationships are hard, but why?

<https://www.youtube.com/watch?v=2xKXLPuju8U>

### 1) Match the word/phrases to the descriptions.

a. <i>foxhole</i>	_____ a place designed to have fun
b. <i>hubris</i>	_____ something that implies a mistake
c. <i>Fun house mirrors</i>	_____ indicating balance in the distribution of something
d. <i>Misfire</i>	_____ something that can be an attention getter
e. <i>Fair share</i>	_____ a negative personality trait
f. <i>Novelty</i>	_____ something used for protection and safety

### 2) Watch and listen the TED talk “Relationships are hard, but why?”.

#### Answer the questions about the lecture.

- a. How does the brain distribute tasks between the “ambassadors” and the “primitives”?
- b. Think of examples of your recent activity involving the use of these areas of the brain.
- c. How are both brain areas characterized?  
Ambassadors are s\_\_\_\_\_, s\_\_\_\_\_ and d\_\_\_\_\_.  
Primitives are f\_\_\_\_\_, m\_\_\_\_\_, b\_\_\_\_\_, and a\_\_\_\_\_.
- d. Can these tips about relationships be applied to other kind of relationships?
- e. Why isn’t it advisable to argue without eye-contact?

### 3) These are phrases taken from the lecture. Read them and write examples following the prompts.

- a. If I may be frank, they (the ambassadors)’re good at **making shit up**.  
Who else is good at making shit up?
- b. The ambassadors have to **offload** newness to your primitives to conserve resources.  
What was the last thing you offloaded?
- c. You can’t possibly run your ambassadors in **full gear**.  
What time of the day are you in full gear?
- d. Your perceptions are constantly **playing tricks on you**.  
Who else is constantly playing tricks on people?
- e. Why do our fights **spin out of control**?  
What else spins easily out of control?

f. We're supposed to **have each other's backs**.

In what other context is it good to have each other's backs?