

Relationships are hard, but why?

<https://www.youtube.com/watch?v=2xKXLPuju8U>

1) Match the word/phrases to the descriptions.

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|-----------------------------|---|
| a. <i>foxhole</i> | ___ a place designed to have fun |
| b. <i>hubris</i> | ___ something that implies a mistake |
| c. <i>Fun house mirrors</i> | ___ indicating balance in the distribution of something |
| d. <i>Misfire</i> | ___ something that can be an attention getter |
| e. <i>Fair share</i> | ___ a negative personality trait |
| f. <i>Novelty</i> | ___ something used for protection and safety |

2) Watch and listen the TED talk “Relationships are hard, but why?”.

Answer the questions about the lecture.

- How does the brain distribute tasks between the “ambassadors” and the “primitives”?
- Think of examples of your recent activity involving the use of these areas of the brain.
- How are both brain areas characterized?
Ambassadors are s ___, s ___ and d _____.
Primitives are f ___, m _____-b ___ and a _____.
- Can these tips about relationships be applied to other kind of relationships?
- Why isn't it advisable to argue without eye-contact?

3) These are phrases taken from the lecture. Read them and write examples following the prompts.

- If I may be frank, they (the ambassadors)'re good at **making shit up**.
Who else is good at making shit up?
- The ambassadors have to **offload** newness to your primitives to conserve resources.
What was the last thing you offloaded?
- You can't possibly run your ambassadors in **full gear**.
What time of the day are you in full gear?
- Your perceptions are constantly **playing tricks on you**.
Who else is constantly playing tricks on people?
- Why do our fights **spin out of control**?
What else spins easily out of control?

- f. We're supposed to **have each other's backs**.
In what other context is it good to have each other's backs?