

Adverbs of Frequency



Adverbs of Frequency are a kind of Adverbs which indicates us how often we do something. E.g. She **always** swims.

Adverbs of Frequency are often mixed in a table of degrees and they indicate from less to more how often we do something.

 **ALWAYS**

 **USUALLY**

 **OFTEN**

 **SOMETIMES**

 **RARELY/HARDLY EVER**

 **NEVER**

We usually use Present Simple and verb to be with Adverbs of Frequency. To put them in those sentences we must follow this structure:

SUBJECT + **ADVERB** + VERB
SUBJECT + BE + **ADVERB**



Other Verbs
TO BE



Rewrite the sentences using adverbs of frequency.

a) SHE/ VISIT/ **OFTEN**/ YOU

_____.

b) WE/ BE/ **SOMETIMES**/ ANGRY

_____.

c) THEY/ BE/ **USUALLY**/ LATE

_____.

d) MIKE/ BE/ **NEVER**/ SAD

_____.

e) LARA/ STUDY/ **HARDLY EVER**

_____.

f) I/ **SOMETIMES**/ BE/ TIRED

_____.

g) YOU/ DO/ HOMEWORK/ **ALWAYS**

_____.

Answer the questions using the words in brackets.

a) How often do you watch TV? (rarely)

_____.

b) How often do you listen to music? (usually)

_____.

c) How often do you go to the beach? (sometimes)

_____.

d) How often do you swim? (often)

_____.

e) How often you play basketball? (never)

_____.

f) How often do you study? (often)

_____.

g) How often do you take a nap? (always)

_____.

h) How often do you cook? (hardly ever)

_____.

