

NAME :

Match the health problems with the advice.

I have sprained my ankle.

I have had the flu for two days.

I have cut my finger.

I'm overweight. I want to lose weight.

I have had a dandruff problem.

I have had a backache for a long time.

I have had a sore throat since yesterday.

I have a terrible headache.

You should consult a dermatologist for advice.

You should see a dietician.

You should drink cold water.

You should drink herbal tea and chicken soup.

You should put a plaster on it.

You should take a painkiller.

You should put an ice pack on it.

You shouldn't carry or lift heavy things.

Listen :

Who isn't very active?

Complete the doctor's notes

Name : _____

Problem (s) : backache

Likely cause : carrying his school bag on _____

Advice : carry school bag correctly, carry fewer _____
in the bag.

Name : Molly

Problem(s) : _____

Likely cause : spending too much time on her computer

Advice : Spend less time playing computer games, do more
