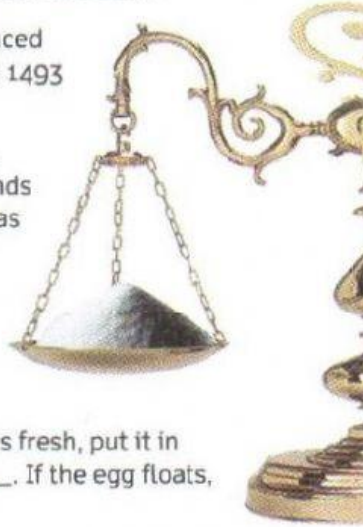


WHITE GOLD

FASCINATING FACTS ABOUT SUGAR AND SALT

At different times in history, both sugar and salt were called "white gold," because they were so expensive and difficult to get. But there are many more interesting facts about sugar and salt...

- Christopher Columbus introduced ¹_____ to the New World in 1493 on his second voyage.
- If you eat too much ²_____ (about .03 ounces per 2.2 pounds of weight), you can die. This was a method of ritual suicide in ancient China.
- Salzburg in Austria was called "the city of ³_____" because of its mines.
- If you want to check if an egg is fresh, put it in a cup with water and ⁴_____. If the egg floats, it isn't very fresh.
- In Brazil, fuel made from ⁵_____ is used in cars instead of gas.
- Americans eat or drink about 5 pounds of ⁶_____ a month.
- ⁷_____ is used to make glass, laundry detergent, and paper.
- ⁸_____ kills some bacteria, and so helps food to last longer, which is why cheese contains a lot.
- If you put ⁹_____ into a vase of flowers, the flowers last longer.
- ¹⁰_____ only contains energy. It doesn't contain any vitamins or minerals.
- *Sure* and ¹¹_____ are the only two words in the English language that begin with "su" and are pronounced "sh."
- We need to have a little ¹²_____ in our diet, but not more than 4 grams a day, which is about one teaspoon.



READING

1. Read the magazine article *White Gold*. Complete the facts with *sugar* or *salt*.