



APRENDO PRE-A1  
en casa

# Activity 4

## Do it yourself!

FULL NAME:

**OBJECTIVE (Purpose):**

**Escribimos un texto corto (*testimonio*) ilustrado en inglés sobre las acciones que no realizan durante la cuarentena y las acciones que les ayudan a manejar el estrés .**

## MY TESTIMONY

Hello, my name is Hilda and I am twelve years old. I am from, Lima, Perú.

**In lockdown, I feel** stressed **because I don't** go to school, **I don't** go out **and I don't** go to the beach.

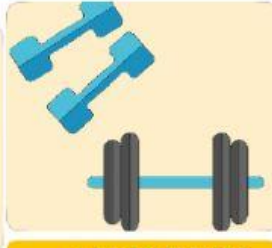
**I feel happy when** I do exercises, I play tennis, **and** I read books about superhéroes. **I love these activities. That makes me feel happy.**



HILDA



STRESSED



1. DO EXERCISES



2. PLAY THE GUITAR



3. READ A BOOK

**Before sending your text, check the characteristics of the testimony similar to Hilda.**

CRITERIOS DE EVALUACIÓN	YES	NO
1. Se inicia la oración utilizando letras mayúsculas.		
2. El texto inicia indicando cómo se siente durante la cuarentena .		
3. El texto indica 3 actividades que no realiza durante la cuarentena usando don't		
4. El texto indica 3 actividades que realiza para reducir el estrés durante la cuarentena.		
4. Utiliza " I feel happy When" para indicar 3 acciones que realiza para reducir el estrés.		
6. Se termina la oración utilizando el punto "." .		
7. Se utiliza el conector "and" al final de una secuencia de verbos afirmativos o negativos.		
8. El texto presenta 3 imágenes de las tres actividades que realiza para reducir el estrés durante el confinamiento		
9. El texto finaliza con la frase "That makes me feel happy".		

## MY TESTIMONY MODEL



Rocío Torres

10:30 AM

Hello. My name is Rocío Torres, I'm twelve years old , and I am from Lima, Peru.

In lockdown, I feel **stressed and bored** because I **don't** go out to school, I **don't** play volleyball with my friends , **and** I don't visit my Grandparents.

I feel happy when I **dance**, I **sing**, **and** I play with my two cats and my dog. I love these activities. That **makes me feel happy**.

**Exercise 1:** Complete the necessary words.

## MY TESTIMONY EXERCISE



Lester Fernández

11:30 AM

Hello. My name is ..... I'm ..... years old and I am from.....

In lockdown, I feel..... because I ..... go out the gym, I ..... play football with my friends , ..... I don't visit my cousins.

I feel happy when I ....., I

.....,

..... I play with my cat..... That makes me feel happy.

# My Testimony

**Exercise 2:** Drag and order the sequence of the testimony according to the listening.

**I love these activities. That makes me feel happy.**

**In lockdown, I feel stressed.**

**Hello, my name is Jim Brown I am from England and I am 12 years old.**

**Because I don't go to the school, I don't go out and I don't go to the club.**

**I feel happy when I play the guitar, I play with my pet and I help to my mother.**

1

2

3

4

5

### Exercise 3: Order the words.

1. My name is Joshua /Hello! /.

---

2. Twelve years old/ am/ I /.

---

3. Go out/ don't/I/.

---

4. Go to /the school/ I /don't/.

---

5. Play football /with my friends/I/don't /.

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### Exercise 4: Order the words.

1. Happy /I feel /when I sing/.

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2. I / I feel happy/ when/play chess/.

---

3. , I help my mother/ when /I feel happy/.

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## Practice 1: Complete the necessary words.

### Step 1:

Write three (3) actions you don't do in lockdown.  
Use the correct connectors.

In lockdown, I feel stressed because  
I **don't** action1, I **don't** action 2, **and**  
I **don't** action 3.



1. go to school / go out with my friends/ see my friends.



### Example:

In lockdown, I feel stressed because I **don't** go to school, I **don't** go out with my friends , **and** I **don't** see my friends.

2. go to the school / go to the gym/ see my grandparents.



### Exercise:

In lockdown, I feel stressed \_\_\_\_\_ I \_\_\_\_\_ go to the school, I \_\_\_\_\_ go to the gym , \_\_\_\_\_ I \_\_\_\_\_ see my Grandparents. \_\_\_\_\_.

**Step 2: Write and draw** three actions you do to reduce stress.

**I feel happy when** I action1, I action 2, **and** I action 3. I love these activities. That makes me feel happy.



**Practice 2: Complete the necessary words following the example.**

**play chess / play online games / play the piano.**



**Example:**

**I feel happy when** I play chess, I play online games, **and** I play the piano. I love these activities. That makes me feel happy.

**1 Play checkers / dance / play the piano.**

**I feel happy when** I ....., I ....., **and** I play..... I love ..... That .....feel happy.

**2 Play video games / sing / play the guitar.**

**I feel happy when** I ....., I ....., **and** I play..... I ..... these .....That .....feel happy.

**STEP 3: Present** your final product using **the model**.

**EVIDENCE TO SEND:**

**Hello! My name is ..... I am ..... years old. I am from .....**  
**In lockdown, I feel ..... I don't (action 1), I don't (action 2), and I don't (action 3).**  
**I fel happy when I (action 1), I (action 2), and I (action 3). I love these activities. That makes me feel happy.**

Picture 2

Picture 1

Picture 3

¿Sabías que hay estándares internacionales sobre lo que puedes hacer con el inglés? Aquí algunas preguntas sobre lo que puedes hacer en inglés.

1. ¿Puedo relacionar acciones con imágenes que las representan? **SI - NO**
2. ¿Puedo emplear palabras o frases cortas y sencillas para indicar acciones que realizo? **SÍ - NO**
3. ¿Puedo escribir y unir oraciones simples de lo que hago y no hago en confinamiento? **SÍ - NO**