

**ACTIVITIES FOR THE FIRST WEEK, REALIZED BY ING.
BAYRON SUÁREZ C.**

Name: _____ **Date:** _____ **Class:** 8 “__”

**PREVENTIVE MEASURES TO MAINTAIN A HEALTHY
LIFE**



1
wash



2
dry



3
chop



4
skewer

1. Look at the pictures. Then, choose the correct option to make a fruit rocket.
Use the sequence adverbs in the box.



I wash the strawberry.

dry the strawberry.

I chop the banana.

Make a fruit skewer.

**SEQUENCE
ADVERBS**

FIRST

THEN

NEXT

FINALLY



Vocabulary

recipe. a list of ingredients and instructions to make a dish

dry. to remove water from something

chop. to cut into many small pieces

skewer. to push a stick through something like food

2. Read the text and look at the underlined words. Which nouns can you count? Which nouns can't you count? Drag and Drop them in the chart. Then, add two more words in each column.



Do you have any fruit at home? Well, fruit rockets are a fun and easy snack to make! You only need some strawberries, three or four bananas, one small melon and some skewers or pincho sticks.



As you can see, you don't need too many ingredients. First, wash the strawberries and the melon with some water. Then, peel and cut the bananas into slices. Next, chop the tops off the strawberries. Cut the melon to make the bottom of the rocket. Insert the piece of melon onto the skewers and then the strawberries and bananas alternating between them. Make a pointed top at the end of the skewer with a strawberry. Finally, serve and enjoy.



Grammar Tip

Count and Non-count Nouns

Count nouns

You can say a number before nouns that have a plural form.
Ex: *three* bananas

Noncount nouns

You can't say a number before nouns that don't have a plural form.
Ex: *a* water.

Some / any

You can use *some* or *any* with *count* and *noncount* nouns.
Ex: Do you have *any* fruit at home?
You need *some* strawberries.
I don't have *any* water.

Count nouns	Non-count nouns



Vocabulary

rocket. a vehicle for travelling in space

peel. to take out the outer skin

slice. a flat piece of food that someone cuts from a larger piece