

# NATURE'S HELPING HAND

## HONEY AND SHUBAT

Watch a video and do the task.



Task: Read and write **M** for manuka honey and **S** for shubat

1. It can help you relax at night. \_\_\_\_\_
2. It can also be a delightful sweet. \_\_\_\_\_
3. It can cost much money. \_\_\_\_\_
4. It can prevent some diseases. \_\_\_\_\_
5. It is one of the best natural remedies in New Zealand. \_\_\_\_\_
6. It kills bacteria. \_\_\_\_\_
7. Athletes use this remedy. \_\_\_\_\_

