

Read the article
and find all the
things that make
these people happy

making soup.

Happiness is...

...making soup. I love using leftovers in the fridge. There's something magical about making something delicious out of nothing.

...sitting on the sofa on a winter evening with a box of chocolates, watching a feel-good film, preferably one that makes me cry.

...listening to *Don't Stop Me Now* by Queen. As soon as I hear it I immediately feel like getting up and dancing.

...getting on the scales and seeing that I've lost a kilo even though I had a big meal the day before.

...seeing my suitcase come out first at baggage reclaim at the airport

