

## HOW OFTEN DO YOU...?

1) Look at Charlie's week. Read the sentences and choose the correct option.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
read a book	read a book			read a book		
have a snack	have a snack	have a snack play hockey	have a snack	have a snack	have a snack play hockey	have a snack
eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	eat fruit	make lunch
have a snack	have a snack	have a snack	have a snack	have a snack	have a snack	eat fruit
						have a snack

Charlie loves reading! He reads a book \_\_\_\_\_ a week. He's a sports person. He plays hockey with his friends \_\_\_\_\_ a week. Also, he has a very healthy lifestyle. He eats fruit \_\_\_\_\_ and has a snack \_\_\_\_\_ a day, \_\_\_\_\_. During the week, his family makes lunch, but he has to make it \_\_\_\_\_ a week.

2) Read the sentences, look at the frequency and complete.

1- I brush my teeth \_\_\_\_\_.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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2- I water the plants at home \_\_\_\_\_ a week.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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3- My sister plays volleyball \_\_\_\_\_ a week.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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4- My brother and I weed the garden \_\_\_\_\_ a week.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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5- My aunt only cooks dinner on \_\_\_\_\_.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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3) Now, choose three activities and write three sentences about how often you do them.

eat fruit - do homework - brush my teeth - make my bed - help at home