

## HOW OFTEN DO YOU...?

1) Look at Charlie's week. Read the sentences and choose the correct option.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
read a book have a snack	read a book have a snack	have a snack play hockey	have a snack	read a book have a snack	have a snack play hockey	have a snack
eat fruit have a snack	eat fruit have a snack	eat fruit have a snack	eat fruit have a snack	eat fruit have a snack	eat fruit have a snack	make lunch eat fruit have a snack

Charlie loves reading! He reads a book \_\_\_\_\_ a week . He's a sports person. He plays hockey with his friends \_\_\_\_\_ a week . Also, he has a very healthy lifestyle . He eats fruit \_\_\_\_\_ and has a snack \_\_\_\_\_ a day, \_\_\_\_\_. During the week, his family makes lunch, but he has to make it \_\_\_\_\_ a week .

2) Read the sentences, look at the frequency and complete.

1- I brush my teeth \_\_\_\_\_ .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
--------	---------	-----------	----------	--------	----------	--------

2- I water the plants at home \_\_\_\_\_ a week .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
--------	---------	-----------	----------	--------	----------	--------

3- My sister plays volleyball \_\_\_\_\_ a week .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
--------	---------	-----------	----------	--------	----------	--------

4- My brother and I weed the garden \_\_\_\_\_ a week .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
--------	---------	-----------	----------	--------	----------	--------

5- My aunt only cooks dinner on \_\_\_\_\_ .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
--------	---------	-----------	----------	--------	----------	--------

3) Now, choose three activities and write three sentences about how often you do them.

eat fruit - do homework - brush my teeth - make my bed - help at home

---



---



---