

HOW OFTEN DO YOU...?

1) Look at Charlie's week. Read the sentences and choose the correct option.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
read a book have a snack	read a book have a snack	have a snack play hockey	have a snack	read a book have a snack	have a snack play hockey	have a snack
eat fruit have a snack	eat fruit have a snack	eat fruit have a snack	eat fruit have a snack	eat fruit have a snack	eat fruit have a snack	make lunch eat fruit have a snack

Charlie loves reading! He reads a book _____ a week . He's a sports person. He plays hockey with his friends _____ a week . Also, he has a very healthy lifestyle . He eats fruit _____ and has a snack _____ a day, _____. During the week, his family makes lunch, but he has to make it _____ a week .

2) Read the sentences, look at the frequency and complete.

1- I brush my teeth _____ .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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2- I water the plants at home _____ a week .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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3- My sister plays volleyball _____ a week .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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4- My brother and I weed the garden _____ a week .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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5- My aunt only cooks dinner on _____ .

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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3) Now, choose three activities and write three sentences about how often you do them.

eat fruit - do homework - brush my teeth - make my bed - help at home
