



FEELINGS AND EMOTIONS WORKSHEET

Intermediate level



I.- Select the best alternative for each question.

1. Which of these emotions could be a synonym of ***afraid***?

A.- Upset

B.- Scared

C.- Embarrassed

2. Which of these emotions could be an antonym of ***amused***?

A.- Relaxed

B.- Comfortable

C.- Uncomfortable

3. Which of these emotions could be a synonym of ***overwhelmed***?

A.- Frustrated

B.- Guilty

C.- Angry

4. Which of these emotions could be an antonym of ***proud***?

A.- Sleepy

B.- Dissatisfied

C.- Surprised

II.- Read the sentences and choose the best word of this group to complete each gap.

**tired - feeling - birthday - upset - embarrassed
- excited - guilty - exhausted**



1- No! I think she is not really angry with us; she is just _____.

2- What I did to my friend was terrible, I feel _____ all the time.

3- I fell yesterday, I felt so _____. I hate that _____.

4- Tomorrow is my best friend's _____, I'm so _____.

5- Today I fell more than _____, I'm actually _____.

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III.- Drag and drop the emotions to the correct causes or circumstances of each one of the statements.



When I am _____ at nights creating material, I drink a lot of coffee.

Whenever I have a really bad day, I buy a new plant for my house to feel _____ again.



Yesterday I got my order from Shein and when I saw the bag I bought, I was _____, it was very beautiful, all the products were perfect.

I love dancing when I am _____ with all the work, because then when I go to bed, I feel _____.



I enjoy a lot walking, playing and petting my dog, he feels always so _____ when I arrive home, we never feel _____ together.

TIRED

HAPPY

STRESSED

ASTONISHED

RELAXED

EXCITED

BORED

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