

Match the health problems with the advice.

1. I have sprained my ankle.



2. I have had the flu for two days.



3. I have cut my finger.



4. I'm overweight. I want to lose weight.



5. I have had a dandruff problem.



6. I have had a backache for a long time.



7. I have had a sore throat since yesterday.



8. I have a terrible headache.



A. You should consult a dermatologist for advice.



B. You should see a dietician.



C. You shouldn't drink cold water.



D. You should drink herbal tea and chicken soup.



E. You should put a plaster on it.



F. You should take a painkiller.



G. You should put an ice pack on it.



H. You shouldn't carry or lift heavy things.