

Vocabulary: Sleep

Instructions: Match the words or phrases with the definitions.

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| 1. awake | A) a medical condition in which you have difficulty sleeping. |
| 2. drowsy | B) to sleep so deeply that it is difficult for someone to wake you up. |
| 3. early bird | C) a short sleep, usually during the day. |
| 4. insomnia | D) A person who likes to wake up early in the morning |
| 5. light sleeper | E) to breathe noisily while you sleep |
| 6. nap | F) not sleeping |
| 7. oversleep | G) feeling that you have more energy again |
| 8. refreshed | H) a feeling that you want to sleep |
| 9. sleep like a log | I) to wake up later than you intended to |
| 10. snore | J) someone who doesn't sleep and can easily be woken up. |