

Vocabulary: Sleep

Instructions: Match the words or phrases with the definitions.

1. awake	A) a medical condition in which you have difficulty sleeping.
2. drowsy	B) to sleep so deeply that it is difficult for someone to wake you up.
3. early bird	C) a short sleep, usually during the day.
4. insomnia	D) A person who likes to wake up early in the morning
5. light sleeper	E) to breathe noisily while you sleep
6. nap	F) not sleeping
7. oversleep	G) feeling that you have more energy again
8. refreshed	H) a feeling that you want to sleep
9. sleep like a log	I) to wake up later than you intended to
10. snore	J) someone who doesn't sleep and can easily be woken up.