

Unit opener

1

How can we eat well?

Listening

- I can understand the main points of an interview.
- I can identify key details in factual talks.

Reading

- I can predict what a text is about.
- I can identify specific information.

Speaking

- I can make suggestions about activities.
- I can talk about personal experiences.

Writing

- I can write short texts on familiar topics.



1

Look at the picture and discuss.

- What can you see in the picture?
- What's the boy doing? Do you think he's healthy?
- Why does he like eating this food?
- What do you think he eats in a normal day?

2

Read and make notes. Then compare your answers with a friend.

- What's your favorite food and why do you like it?
- Is it good for you?
- Is there anything you can't eat?

3

Watch the video about food. Why is food important? Circle T (true) or F (false).



1 Food keeps us healthy.	T	F
2 Food gives us energy.	T	F
3 All food is good for us.	T	F
4 Food can affect how we feel.	T	F

San Jeronimo

Class: Week: 20-23 April

- 1) Complete the chart with words you know. Healthy and Unhealthy food.

Healthy	Unhealthy

- 2) Look at the picture and complete the questions:



- 1 What can you see in the picture?
- 2 What's the boy doing?
Do you think he's healthy?
- 3 Why does he like eating this food?
- 4 What do you think he eats in a normal day?

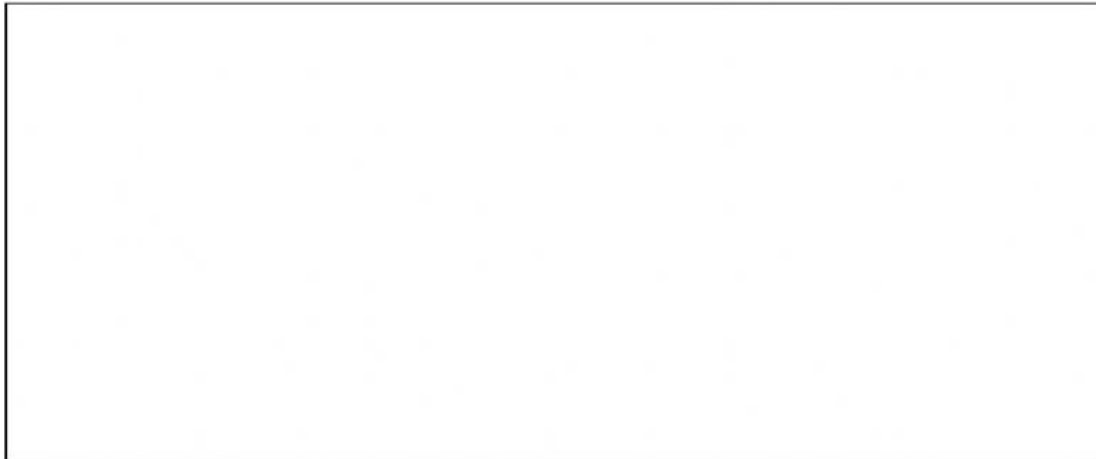
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Class: Week: 20-23 April

- 3) Send a video to your teacher. Send it to the mail ingles5tosanjeronimo@gmail.com or the whatsapp group. Talk about food. Bear in mind the next questions.

- 1 What's your favorite food and why do you like it?
- 2 Is it good for you?
- 3 Is there anything you can't eat?

- 4) Watch the video. Choose the correct option.



- a. Food keeps us healthy
- b. Food gives us energy
- c. All food is good for us
- d. Food can affect how we feel

TRUE	FALSE
TRUE	FALSE
TRUE	FALSE
TRUE	FALSE